

Opioid Treatment Programs Yield Positive Outcomes

KENTUCKY OPIOID REPLACEMENT TREATMENT PROGRAM OUTCOME STUDY FACT SHEET - 2025

This fact sheet summarizes client outcomes from Kentucky's OTPs for 18 clients who completed an intake interview between January 1, 2023 and December 31, 2023, agreed to do the follow-up about 6 months later, and completed a follow-up interview between July 1, 2023 and June 30, 2024. Results indicate that clients in Kentucky benefit from OTPs in multiple ways: reductions in their substance use, reductions in mental health problems, improvements in employment status, reductions in criminal legal system involvement, and increases in recovery supports.

REDUCTION IN PAST-6-MONTH Substance Use, Mental and Physical Health



REPORTED ANY ILLICIT DRUG USE¹

100% | **50%**
at intake | at follow-up



REPORTED PRESCRIPTION OPIOID MISUSE^{2***}

75% | **6%**
at intake | at follow-up



REPORTED NON-OPIOID DRUG USE^{1,3***}

100% | **50%**
at intake | at follow-up



MET CRITERIA FOR SEVERE SUBSTANCE USE DISORDER^{***}

88% | **13%**
at intake | at follow-up



MET CRITERIA FOR DEPRESSION*

78% | **44%**
at intake | at follow-up



REPORTED USING SUBSTANCES TO REDUCE MENTAL HEALTH SYMPTOMS^{***}

78% | **22%**
at intake | at follow-up



AVERAGE DAYS MENTAL WAS POOR^{***}

20.4 | **6.7**
at intake | at follow-up



REPORTED USING SUBSTANCES TO REDUCE PHYSICAL PAIN^{***}

78% | **22%**
at intake | at follow-up

CHANGES IN PAST-6-MONTH Economic Indicators



CURRENTLY EMPLOYED FULL-TIME*

6% | **39%**
at intake | at follow-up



REPORTED DIFFICULTY MEETING BASIC LIVING NEEDS

56% | **50%**
at intake | at follow-up



REPORTED DIFFICULTY MEETING HEALTH CARE NEEDS

44% | **39%**
at intake | at follow-up



REPORTED BEING HOMELESS

56% | **39%**
at intake | at follow-up

CHANGES IN PAST-6-MONTH Criminal Legal Involvement, Quality of Life, and Recovery Supports



REPORTED SPENDING AT LEAST ONE NIGHT INCARCERATED**

44% | **11%**
at intake | at follow-up



SUBJECTIVE QUALITY OF LIFE RATING^{***}
(1 = 'Worst imaginable' to 10 = 'Best imaginable')

4.1 | **7.7**
at intake | at follow-up



ATTENDED MUTUAL HELP RECOVERY GROUP MEETING^{**}

39% | **78%**
at intake | at follow-up



ALL POSITIVE RECOVERY DIMENSIONS

0% | **33%**
at intake | at follow-up

¹ No test of statistical association could be computed in the past 6 months at intake because one of the cell values was 0.

² Including opioids such as morphine, Percocet, Oxycontin, Lortab.

³ This includes cannabis, cocaine, amphetamines, tranquilizers/benzodiazepines/sedatives, hallucinogens, inhalants, barbiturates, and synthetic drugs.