KENTUCKY REFERRAL RESOURCES

The phone numbers and websites listed below provide information about community resources in Kentucky and, in some cases, national hotlines. For more information, call the number for the service in which you are interested and ask about services in the region/county where you live.

For a life-threatening emergency call 911.

FIND HELP NOW KY

www.findhelpnowky.org

Help finding treatment openings in Kentucky for drug use. **1-877-318-1871** (M-F 7a.m.- 10p.m. and Sat-Sun 8:30a.m.-5:30p.m.) Kentucky Opioid Assistance and Resource Hotline (KY-OAR) **800-854-6813** (After Hours)

MENTAL HEALTH RESOURCES

NATIONAL ALLIANCE ON MENTAL ILLNESS

Information, referrals, and support for mental health Operates M-F 10 a.m.-10 p.m. EST 1-800-950-6264 (call or text) Text: "Helpline" to 62640 (Msg&Data Rates apply) Email: <u>helpline@nami.org</u>

NATIONAL SUICIDE and CRISIS LIFELINE

Referrals, counseling, 24-hour assistance 988 (call or text)

DOMESTIC VIOLENCE AND ABUSE RESOURCES

NATIONAL DOMESTIC VIOLENCE HOTLINE

24 Hour referrals, reporting, assistance 1-800-799-7233 (SAFE) 800-787-3224 (TTY) Text: "START" to 88788 (Msg&Data Rates apply) Website: www.thehotline.org – Live chat

LOVE IS RESPECT CHAT

24 Hour education, support, and advocacy for relationships 1-866-331-9474 800-787-3224 (TTY) Text: LOVEIS to 22522 (Msg&Data Rates apply) Website: <u>www.loveisrespect.org</u> -Live chat

NATIONAL CENTER ON ELDER ABUSE

Referrals and assistance Operates M-F 8:30 a.m.-5 p.m. EST 1-855-500-3537 (ELDR)

NATIONAL CENTER FOR MISSING & EXPLOITED CHILDREN

Crisis intervention, information, and referrals for child abuse 1-800-843-5678 (call or text)

NATIONAL SEXUAL ASSAULT HOTLINE

24-hour confidential assistance and referrals for victims of sexual assault 1-800-656-4673 (HOPE) Website: <u>www.online.rainn.org</u> – Live chat

LGBTQ RESOURCES

LGBT NATIONAL HOTLINE

Anonymous referrals, suicide prevention, counseling Operates M-F 1-4 p.m. EST-midnight; Sat: Noon-5pm 1-888-843-4564 Website: www.lgbthotline.org/ - Peer support chat

COMING OUT SUPPORT LINE

A safe place to discuss concerns and questions for all ages 1-888-688-5428

LGBT NATIONAL YOUTH TALKLINE

Counseling and support for ages 25 and younger 1-800-246-7743 Website: <u>www.lgbthotline.org/youthchatrooms/</u> Moderated chat rooms for LGBTQ and Trans Teens

NATIONAL COALITION OF ANTI-VIOLENCE PROGRAMS, NATIONAL ADVOCACY FOR LOCAL LGBT COMMUNITIES

24 Hour resources, referrals, and education 1-212-714-1141 (call or text)

LGBT NATIONAL SENIOR HOTLINE

Counseling and support for ages 50 and above 1-888-234-7243

OTHER SUPPORT AND CRISIS HOTLINES

AIDS/STD NATIONAL HOTLINE

Referrals, information, and assistance 1-800-232-4636

DISASTER DISTRESS HELPLINE

24 Hour natural or human-caused disaster crisis counseling and support 1-800-985-5990 (call or text)

IDENTITY THEFT RESOURCE CENTER

Assistance and education for identity theft victims 1-888-400-5530

NATIONAL INDIGENOUS WOMEN'S RESOURCE CENTER

Resources and Referrals 1-406-477-3896 or 1-855-649-7299 (toll-free) Website: www.niwc.org

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)

Assistance for low-income people who need food assistance 1-855-306-8959 Website: <u>www.kynect.ky.gov/benefits/s/snap-program</u>

NATIONAL RUNAWAY SAFELINE

24/7 Crisis connection, provides crisis intervention and shelter referrals for all ages 1-800-786-2929 (call or text) Website: www.1800runaway.org/ - Live chat

PLANNED PARENTHOOD

Find a Planned Parenthood health center nearest you 1-800-230-7526 Text: "Educator" to 774636 to get answers Website: <u>www.plannedparenthood.org/online-</u> tools/chat - Live chat

POISON EMERGENCY AND INFORMATION

24/7 Referrals, reporting, assistance, information 1-800-222-1222 Website: www.poision.org

VINE

Victim Notification of inmates released from jail or prison in KY, support available 24/7 1-866-277-7477

KENTUCKY TRANSITIONAL ASSISTANCE PROGRAM (KTAP)

Assistance for families with children to help pay for basic household expenses 1-855-306-8959 Website: www.kynect.ky.gov/benefits/s/ktap-program

SUBSTANCE USE RESOURCES

KY REFERRAL & HELP LINE

State-wide referrals for substance abuse treatment Operates M-F 7 a.m.-10 p.m. EST S-S 8:30 a.m.- 5:30 p.m. EST 1-833-859-4357 or 1-8338-KYHELP

AL-ANON/AL-A-TEEN KENTUCKY

Local Meeting Information 1-502-458-1234

NALAXONE INFORMATION

UK HEALing Communities Study helps find naloxone near you, save on costs, and more information. Website: <u>https://healingstudy.uky.edu/communityresources/get-naloxone</u>

NATIONAL SUBSTANCE ABUSE TREATMENT HELPLINE

24/7 Treatment locator and referrals 1-800-662-4357 (HELP) Text: 435748 (HELP4U) with zip code for treatment options near you Website: <u>www.Findtreatment.gov</u>

TOBACCO CESSATION SERVICE

Information and support for quitting tobacco use 1-800-784-8669 or 1-800-QUITNOW

KENTUCKY LOCAL AA RESOURCES

You can find times and places of local meeting by calling a nearby central office, intergroup, or answering service

BOWLING GREEN CENTRAL OFFICE

270-782-5267 bowlinggreenintergroup@gmail.com

WESTERN KENTUCKY INFORMATION LINE 1-800-606-6047 wkintergroup@outlook.com

BLUEGRASS INTERGROUP 859-559-5368 bluegrassintergroup@gmail.com

GREATER LOUISVILLE INTERGROUP 502-582-1849 centraloffice@louisvilleaa.org

NORTHERN KENTUCKY CENTRAL OFFICE 859-491-7181 manager@nkyaa.info

OWENSBORO YELLOWBANKS CENTRAL OFFICE 270-683-0371 yellowbanks2@gmail.com

KENTUCKY RECOVERY CENTERS

WOMEN'S RECOVERY CENTERS

BRIGHTON CENTER FOR WOMEN

375 Weaver Rd. Florence, KY 41042 (859) 282-9390

CUMBERLAND HOPE CENTER FOR WOMEN

6050 HWY 38 Evarts, KY 40828 (606) 837-0100

THE HEALING PLACE FOR WOMEN 1503 S. 15th St.

Louisville, KY 40210 502-585-4848

THE HOPE CENTER FOR WOMEN

1524 Versailles Rd. Lexington, KY 40504 859-252-2002

LIBERTY PLACE RECOVERY CENTER FOR WOMEN

218 Lake St. Richmond, KY 40475 (859) 625-0104

THE TRILOGY CENTER FOR WOMEN 100 Trilogy Ave.

Hopkinsville, KY 42240 (270) 885-2902

THE WOMEN'S ADDICTION RECOVERY MANOR 56 North McKinley Henderson, KY 42420 (270) 826-0036

MEN'S RECOVERY CENTERS

CENTERPOINT RECOVERY CENTER FOR MEN

530 County Park Rd. Paducah, KY 42001 (270) 444-3640

GENESIS RECOVERY KENTUCKY CENTER

400 C. W. Stevens Blvd. Grayson, KY 41143 606-898-2111

HOPE CENTER RECOVERY FOR MEN

250 W. Loudon Ave. Lexington, KY 40508 859-225-4673

TRANSITIONS GRATEFUL LIFE CENTER FOR MEN

305 Pleasure Isle Dr. Erlanger, KY 41017 (859) 359-4500

OWENSBORO REGIONAL RECOVERY CENTER 4301 Veach Rd. Owensboro, KY 42303 (270) 689-0905

THE HEALING PLACE OF CAMPBELLSVILLE 105 Hiestand Farm Rd. Campbellsville, KY 42718 (270) 789-0176

HICKORY HILLS RECOVERY CENTER

100 Recovery Way Emmalena, KY 41740 606-373-6143

MEN'S ADDICTION RECOVERY CAMPUS 1791 River St. Bowling Green, KY 42101

270-715-0810

THE HEALING PLACE FOR MEN 1020 W. Market St.

Louisville, KY 40202 502-585-4848

COMMUNITY MENTAL HEALTH CENTERS – 24 HOUR ASSISTANCE

ADANTA REGION

For Adair, Barren, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor, and Wayne Counties 1-800-633-5599

NEW VISTA OF THE BLUEGRASS

For Anderson, Bourbon, Boyle, Clark, Estill, Fayette, Franklin, Hardin, Harrison, Jessamine, Lincoln, Madison, Powell, and Scott Counties 1-800-928-8000

COMMUNICARE REGION

For Breckinridge, Grayson, Hardin, LaRue, Marion, Meade, Nelson, and Washington Counties 1-800-641-4673

COMPREHEND REGION

For Bracken, Fleming, Lewis, and Mason Counties 1-877-852-1523

CUMBERLAND RIVER

For Bell, Clay, Harlan, Jackson, Knox, Laurel, Rockcastle, and Whitley Counties 1-800-273-8255 (TALK)

FOUR RIVERS REGION

For Ballard, Calloway, Fulton, Graves, and McCracken Counties 1-800-592-3980

KENTUCKY RIVER REGION

For Breathitt, Knott, Lee, Leslie, Letcher, Perry and Wolfe Counties 1-800-262-7491 (TTY1-800-787-5034)

LIFESKILLS REGION

For Allen, Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Monroe, Simpson, and Warren Counties 1-800-223-8913 or 270-784-4623

MOUNTAIN REGION

For Floyd, Johnson, Letcher, Magoffin, Martin, Perry, Pike, and Wolfe Counties 1-800-422-1060

NORTHKEY REGION

For Boone, Campbell, Carroll, Gallatin, Grant, Kenton, Owen, and Pendleton Counties 859-331-3292 or 1-877-331-3292

PATHWAYS REGION

For Bath, Boyd, Carter, Elliott, Greenup, Lawrence, Menifee, Montgomery, Morgan, and Rowan Counties 1-800-562-8909 or 606-324-1141

PENNYROYAL REGION

For Caldwell, Christian, Crittenden Hopkins, Lyon, Muhlenberg, Todd, and Trigg Counties 1-877-473-7766

RIVER VALLEY REGION

For Daviess, Hancock, Henderson, McLean, Ohio, Union, and Webster Counties 1-800-433-7291 or 270-689-6500

SEVEN COUNTIES REGION

For Bullitt, Henry, Jefferson, Oldham, Shelby, Spencer, and Trimble Counties 502-583-3951 (24-hour addiction hotline) or 502-589-4313 (24-hour adult line)