

POSITIVE OUTCOMES FOR RECOVERY KENTUCKY CLIENTS

RECOVERY CENTER OUTCOME STUDY FACT SHEET - 2021

Recovery Kentucky was created to help Kentuckians recover from substance abuse, which often leads to chronic homelessness. A total of 280 clients from 17 established Recovery Kentucky programs participated in a Recovery Kentucky program, completed a Phase 1 intake interview between July 2018 and June 2019 and a follow-up interview between July 2019 and June 2020. The average number of months after program exit the follow-up interviews were conducted was about 6.6.

Significant reductions in past-6-month Substance Use and Mental Health Problems



REPORTED ANY ILLEGAL DRUG USE***

88% at intake | **11%** at follow-up



REPORTED OPIOID USE***1

58% at intake | **5%** at follow-up



REPORTED HEROIN USE***

43% at intake | **4%** at follow-up



REPORTED STIMULANT USE***2

61% at intake | **5%** at follow-up



MET STUDY CRITERIA FOR DEPRESSION***

72% at intake | **15%** at follow-up



MET STUDY CRITERIA FOR ANXIETY***

76% at intake | **25%** at follow-up



MET STUDY CRITERIA FOR COMORBID DEPRESSION & ANXIETY***

67% at intake | **13%** at follow-up



REPORTED SUICIDAL IDEATION AND/OR ATTEMPTS

33% at intake | **3%** at follow-up

Significant improvements in past-6-month Economic Indicators



EMPLOYED AT LEAST ONE MONTH***

44% at intake | **75%** at follow-up



CURRENTLY HOMELESS***

36% at intake | **6%** at follow-up



REPORTED DIFFICULTY MEETING BASIC LIVING NEEDS***

46% at intake | **10%** at follow-up



REPORTED DIFFICULTY MEETING HEALTH CARE NEEDS***

31% at intake | **13%** at follow-up



REPORTED ATTENDING MUTUAL HELP RECOVERY MEETING IN THE PAST 30 DAYS ***

33% at intake | **80%** at follow-up

Using national estimates of the cost of substance abuse and applying them to clients' substance use before and after program participation, there was an estimated \$2.50 return in avoided costs for every dollar invested in providing recovery services.



ESTIMATED COST-SAVINGS FOR TAXPAYERS
\$2.50

¹ Misuse of opioids other than heroin, including prescription opiates, methadone, and buprenorphine.

² Amphetamine, methamphetamine, Ecstasy, Ritalin.

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