This fact sheet summarizes characteristics reported by 2,074 clients who participated in the Recovery Center Outcome Study and completed an intake assessment between July 2017 and June 2018.

**Gender**
- Male: 59%
- Female: 41%

**Race**
- White/Caucasian: 92%
- Other: 8%

**Age**
- Average age: 34 (18-66)

**Education**
- Less than high school diploma/GED: 20%
- High school diploma/GED: 25%
- Some college: 30%
- Bachelor’s degree or higher: 26%

**Employment**
- Unemployed: 50%
- Employed: 50%

**Number of Poor Health Days**
- Average days: 9.0

**Number of Poor Mental Health Days**
- Average days: 17.0

**Chronic Medical Problem**
- At least one problem: 61%

**Chronic Pain**
- Experienced chronic pain: 26%

**Risk Factors at Intake**

**Substance Use 6 Months Before Program Entry**
- Illegal drug use: 86%
- Alcohol use: 47%
- Cigarette use: 85%
- Drug and alcohol use: 43%
- Using 2 or more drug classes: 72%

**Adverse Childhood Experiences (ACE)**
- None: 12%
- 1 - 3 ACEs: 38%
- 4 - 6 ACEs: 26%
- 7 - 9 ACEs: 21%
- 10 ACEs: 3%

**Mental Health 6 Months Before Program Entry**
- Met study criteria for depression: 67%
- Met study criteria for anxiety: 74%
- Reported suicidal thoughts or attempts: 32%
- Had PTSD scores that indicated risk of PTSD*: 29%

**Criminal Justice Involvement 6 Months Before Program Entry**
- Arrested at least one time: 58%
- Incarcerated at least one night: 77%
- Under criminal justice supervision: 76%

*Among clients who were not in a controlled environment all 180 days before intake.

*Among the 1,647 clients who reported any victimization experiences.

For more information about Recovery Kentucky contact Mike Townsend at the Kentucky Housing Corporation (502-564-7630).