## RECOVERY KENTUCKY CLIENTS

## RECOVERY CENTER OUTCOME STUDY INTAKE FACT SHEET - 2020

his fact sheet summarizes characteristics reported by 2,074 clients who participated in the Recovery Center Outcome Study and completed an intake assessment between July 2017 and June 2018.

**GENDER** 

RACE

AGE

**EDUCATION** 

**EMPLOYMENT** 



**59%** Male





34 average age (18-66)



Less than high school diploma/GED



**50%** Unemployed





9.0 Average days

## NUMBER OF POOR MENTAL HEALTH DAYS



17.0 Average days

# CHRONIC MEDICAL PROBLEM



61%
At least one problem

## CHRONIC PAIN



Experienced chronic pain

## **RISK FACTORS** AT INTAKE

## SUBSTANCE USE 6 MONTHS BEFORE PROGRAM ENTRY\*



86% Illegal drug use



47% Alcohol use



85% Cigarette use 43%
reported
both drug and
alcohol use

**72%** reported using 2 or more drug classes

#### ADVERSE CHILDHOOD EXPERIENCES (ACE)

**12%**None

38%

I - 3 ACEs

26%

4 - 6 ACEs

21%

3%

7 - 9 ACEs

10 ACEs

#### MENTAL HEALTH 6 MONTHS BEFORE PROGRAM ENTRY



67%
Met study criteria for depression



74%
Met study criteria for anxiety



**32%**Reported suicidal thoughts or attempts



29%
Had PTSD scores that indicated risk of PTSD\*

#### CRIMINAL JUSTICE INVOLVMENT 6 MONTHS BEFORE PROGRAM ENTRY



**58%**Arrested at least one time



77%
Incarcerated at least one night



<sup>\*</sup> Among clients who were not in a controlled environment all 180 days before intake

<sup>\*</sup>Among the 1,647 clients who reported any victimization experiences.