

POSITIVE OUTCOMES FOR RECOVERY KENTUCKY CLIENTS

RECOVERY CENTER OUTCOME STUDY FACT SHEET - 2020

Recovery Kentucky was created to help Kentuckians recover from substance abuse, which often leads to chronic homelessness. A total of 284 clients from 17 established Recovery Kentucky programs participated in the Recovery Center Outcome Study between July 2017 and June 2018 and 12-month follow-up surveys between July 2018 and June 2019. The average number of months after program exit the follow-up interviews were conducted was about 8.0.

Significant reductions in past-6-month

SUBSTANCE USE AND MENTAL HEALTH PROBLEMS



REPORTED ANY ILLEGAL DRUG USE***

86% at intake | **14%** at follow-up



REPORTED OPIOID USE***¹

63% at intake | **7%** at follow-up



REPORTED HEROIN USE***

41% at intake | **3%** at follow-up



REPORTED STIMULANT USE***²

58% at intake | **4%** at follow-up



MET STUDY CRITERIA FOR DEPRESSION***

66% at intake | **16%** at follow-up



MET STUDY CRITERIA FOR ANXIETY***

72% at intake | **20%** at follow-up



MET STUDY CRITERIA FOR COMORBID DEPRESSION & ANXIETY***

59% at intake | **12%** at follow-up



REPORTED SUICIDAL IDEATION AND/OR ATTEMPTS

29% at intake | **3%** at follow-up

Significant improvements in past-6-month

ECONOMIC INDICATORS



EMPLOYED AT LEAST ONE MONTH***

45% at intake | **82%** at follow-up



CURRENTLY HOMELESS***

35% at intake | **10%** at follow-up



REPORTED DIFFICULTY MEETING BASIC LIVING NEEDS***

43% at intake | **20%** at follow-up



REPORTED DIFFICULTY MEETING HEALTH CARE NEEDS***

25% at intake | **13%** at follow-up



REPORTED ATTENDING MUTUAL HELP RECOVERY MEETING IN THE PAST 30 DAYS ***

38% at intake | **78%** at follow-up

ESTIMATED
\$2.25
COST-SAVINGS
FOR TAXPAYERS

Using national estimates of the cost of substance abuse and applying them to clients' substance use before and after program participation, there was an estimated \$2.25 return in avoided costs for every dollar invested in providing recovery services.

¹ Misuse of opioids other than heroin, including prescription opiates, methadone, and buprenorphine.

² Amphetamine, methamphetamine, Ecstasy, Ritalin.

***p < .001