Positive Outcomes for Recovery Kentucky Clients

Recovery Kentucky centers help people recover from addiction, gain control over their lives, and transition to permanent housing.

Decrease in percentage of adults who reported any past 30 day substance use*:
- 95% Decrease in illegal drug use
- 86% Decrease in alcohol use

Decrease in clients reporting depression and anxiety symptoms:
- 72% Decrease in depression
- 61% Decrease in anxiety
- 75% Decrease in co-morbid depression and anxiety

Fewer homeless individuals:
- 83% Decrease in homelessness

Clients rated their experience with the Recovery Kentucky Program as 8.3 out of 10:
- The majority of individuals (75%) gave a highly positive rating between 8 and 10 of their experience in the program, where 10 represented the best possible experience.

Improved economic status:
- “The life that I did have... let me sum it up. This place has given me back my life. It has shown me a sober life. It has given me something to look forward to in life.”
  - Quote from RCOS Follow-up Interview Clients

Less involvement with the criminal justice system:
- 91% Decrease in arrests
- 88% Decrease in incarceration

Recovery Kentucky saves state taxpayers money:
- Using national estimates of the cost of substance abuse and applying them to clients’ substance use before and after program participation, there was a $3.59 return in cost savings for every dollar spent on providing recovery services.

*After Phase 1 of the program

For more information about Recovery Kentucky contact Mike Townsend at the Kentucky Housing Corporation (502-564-7630)