Who is Served by the KY-Moms MATR Program? A Snapshot of Pregnant Clients at Baseline

The KY-Moms MATR case management program is administered by the Division of Substance Use Disorder in the Department for Behavioral Health, Developmental and Intellectual Disabilities; KY-Moms MATR (502) 782-6192

This fact sheet summarizes characteristics reported by 79 pregnant women in the KY-Moms MATR program who completed a pre-birth baseline assessment between July 2022 and December 2023.

RACE

AGE

MARITAL STATUS

EDUCATION

EMPLOYMENT





28.0Average age



Married or cohabiting



28% Less than a high school degree



66%Not currently employed





PRENATAL DOCTOR VISITS

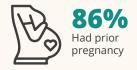


Average prenatal visits (range 0-36)

PLAN TO BREASTFEED

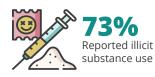


PRIOR PREGNANCY



Risk Factors at Baseline

SUBSTANCE USE 6 MONTHS BEFORE PREGNANCY





40%Reported alcohol use



72%Reported smoking tobacco use

25%
Reported using opioids with at least one other illicit substance class

45%
Reported no opioid use and only other illicit substance classes

ADVERSE CHILDHOOD EXPERIENCES (ACE)

4%No ACE

19%

34%4-6 ACE

35% 7-9 ACE **8%** 10 ACE

MENTAL HEALTH 6 MONTHS BEFORE PREGNANCY

INTIMATE PARTNER VIOLENCE 6
MONTHS BEFORE PREGNANCY



57%Met study criteria for depression



58%Met study criteria for generalized anxiety



35% Met study criteria for post-traumatic stress disorder symptoms



44%Reported any form of intimate partner violence

