Who is Served by the KY-Moms MATR Program?
A Snapshot of Pregnant Clients at Baseline

This fact sheet summarizes characteristics reported by 158 pregnant women in the KY-Moms MATR program who completed a baseline assessment between May 2017 and December 2018.

### RACE
- **87%** White

### AGE
- **26** Average age (range 16-43)

### MARITAL STATUS
- **54%** Married/ Cohabiting

### EDUCATION
- **80%** At least a high school diploma/GED

### EMPLOYMENT
- **67%** Unemployed

### AVERAGE WEEKS PREGNANT
- **23** Average weeks (range 5-39)

### PRENATAL DOCTOR VISITS
- **6.0** Average prenatal visits (range 0-34)

### PLAN TO BREASTFEED
- **56%** Planned to breastfeed

### PREVIOUSLY PREGNANT
- **68%** Previously pregnant

### RISK FACTORS AT BASELINE

#### SUBSTANCE USE 6 MONTHS BEFORE PREGNANCY
- **66%** Illegal drug use
- **42%** Alcohol use
- **80%** Cigarette use
- **15.0** average age client had first drink (other than a few sips)
- **16.1** average age client used illegal drugs

#### ADVERSE CHILDHOOD EXPERIENCES (ACE)
- **4%** None
- **34%** 1 - 3 ACEs
- **30%** 4 - 6 ACEs
- **27%** 7 - 9 ACEs
- **4%** 10 ACEs

#### MENTAL HEALTH 6 MONTHS BEFORE PREGNANCY
- **58%** Met study criteria for depression
- **48%** Met study criteria for anxiety
- **36%** Met study criteria for co-morbid depression & anxiety

#### INTIMATE PARTNER ABUSE 6 MONTHS BEFORE PREGNANCY
- **39%** Reported any type of intimate partner abuse