



**KY-Moms MATR –
FY20 Pre-Natal Intake
Interview**
Oct 2020
Updated Sept 2020

KY-Moms MATR – Pre-Natal Intake Interview

Sept 2020 update

Please use the online data collection program for the Intake Interview at <https://ukcdar.uky.edu/kymoms>

If you have to use the paper version for KY-Moms MATR Intake Interview (i.e., internet is down, no computer available at the time of the interview), be sure to enter the responses from the paper copy in the online KY-Moms MATR program intake interview **within 7 days** so that the data can be used for the study.

To track clients accurately and to allow us to contact program staff if we have questions, please enter the contact information for the case manager or admitting staff person.

Name of person interviewing the client with the KY-Moms MATR intake interview:

1. Staff Member First and Last Name: _____
2. Staff Member email address: _____
3. Staff Member work phone number: (_____) _____ - _____

Please enter information about the client so we can register her in the system:

PLEASE NOTE: All client information is confidential (with identifiers stored separately from intake responses), is encrypted (or scrambled) such that only those with a specific key can read them, and can only be accessed by authorized staff. Identifying information is used for matching service event data.

4. Client name: First _____ Middle _____ Last _____
 5. What is the client's date of birth? ____/____/____ (MM/DD/YYYY)
 6. What is the client's social security number: ____/____/____
 7. Date this client entered the KY-Moms MATR program: ____/____/____ (MM/DD/YYYY)
 8. When did you become pregnant (*please estimate a date and use the 15th if date is not known*)?
____/____/____ (MM/DD/YYYY)
 9. Has the baby been born? 1 = Yes 0 = No (**go to 9a**)
- 9a. When is the baby due: ____/____/____ (MM/DD/YYYY)

10. What type of medical insurance do you currently have?

- 1 = No medical insurance
- 2= Insurance through an employer
- 3= Insurance through your partner's employer
- 4 = Insurance through Health Exchange
- 5 = Other private insurance (self-employed)
- 6 = Medicaid (Medical card, Passport)
- 7 = Medicare
- 8 = VA/Champus/Tricare
- 9 = Insurance through your parents or parents' employer
- 10 = Other, *please specify:* _____

11. City in which the client resides: _____

12. County in which the client resides: _____

13. State in which the client resides: _____

14. Client's zip code: _____

PRELIMINARY QUESTIONS

Please answer the following questions before beginning the interview with the client:

1. Who is filling out this survey? (circle one)

- a. Staff Member
- b. Client

2. Date of intake interview—the date this interview is/was actually completed with a client:

____ / ____ / ____ (MM/DD/YYYY)

Note: If you are recording the interview responses on the paper version please enter it into the web data collection survey within 7 days.

Introduction

*The following questions are part of the **KY-Moms MATR program evaluation**. The interview is similar to one used for many program evaluations across Kentucky and it will help the state better understand the needs of pregnant women in order to increase positive birth outcomes. The evaluation for the KY-Moms program involves collecting information from clients before and after involvement with the program to gain insight into the program satisfaction and status of clients over time.*

The KY-Moms Program evaluation involves two confidential components.

***Part one** is a face-to-face interview with a case manager or other KY-Moms staff member as part of your intake process and takes about 30 minutes. You will be asked questions about your prenatal needs, physical and mental health, substance use history, treatment history, criminal justice system involvement, education, employment, living situation, safety, and other questions related to your pregnancy. At the end of this interview you will be asked if you would like to volunteer for part two of the evaluation.*

***Part Two** is a 20-minute follow-up telephone interview that takes place about 6 months after you have given birth. The **University of Kentucky is responsible for the follow-up interviews**. This means that KY-Moms MATR program staff will not know what you say as your answers will be combined with about 200 other client responses. When the UK interviewers call you for a follow-up phone interview, they will remind you that this is part two of the “**UK Health Follow-up Study**”. The interviewers do not reveal your identity or that you received services through the KY-Moms program. Clients who complete the **second half of the interview** are sent a “thank you” check for \$20 from the University of Kentucky.*

*What you say during the follow-up interview is **confidential**. This means your name will not be reported or even linked with the answers given in the follow-up interview. The reports only include overall findings about the entire group of participants, **not individuals**. The University of Kentucky has a **Federal Certificate of Confidentiality that prohibits the researchers from revealing information about a person even under a court subpoena**. Your responses to these questions are well protected.*

Your participation helps improve future prenatal services for other women in Kentucky like yourself.

*Please read over the consent form provided at the end of this intake interview and decide if you would be willing to participate in the **University of Kentucky Health Follow-up Study** about 6 months after you have given birth.*

Section A. Basic Client Information

These first few questions are basic questions we need to get the interview started and to learn a little more about what services you might be interested in.

1. What race or ethnicity do you consider yourself to be? (**select ALL that apply**)

1 = White (not of Hispanic origin)
2 = Black (not of Hispanic origin)
3 = American Indian
4 = Alaskan Native
5 = Asian or Pacific Islander
6 = Hispanic-Mexican
7 = Hispanic-Puerto Rican
8 = Hispanic-Cuban
9 = Other Hispanic
10 = Other, please specify: _____

2. What would you consider to be your primary source of referral to the KY-Moms MATR program? Select the primary referral source.

1 = I was referred by my OB/GYN doctor
2 = I was referred by my primary care doctor
11 = I was referred by the health department
3 = I was referred by my counselor at a Community Mental Health Agency
4 = I was referred by HANDS
5 = I was referred by the court (judge or probation officer)
6 = I was referred by Child or Adult Protective Service (DCBS)
7 = I was referred by a friend or family member
8 = I was referred by my employer
9 = I was referred by a KY-Moms MATR prevention program
10 = I just decided to participate in the program on my own
12 = Other, *please specify:* _____

2a. Were you ordered to this program by the court or other state agency? 0 = No 1 = Yes

Section B. Information About Your Baby

The next few questions ask about your pregnancy.

1. Has your baby already been born? 0 = No 1 = Yes (**if yes, go to postnatal intake**)

2. How many weeks have you been pregnant? _____ weeks

3. When is the baby due: ____ / ____ / ____ (MM/DD/YYYY)
(If the baby has been born, put in the birthdate)

4. Do you have a regular OB/GYN doctor?

0 = No 1 = Yes 2 = I do not have a doctor for the pregnancy yet (**skip to Q7**)

5. How many visits have you had with a doctor or nurse about your pregnancy? _____ Visits

6. Has your doctor told you of any special health care needs that directly impact your pregnancy or the baby?
 0 = No 1 = Yes (**If yes, go to 6a**)

6a. What health problem(s) has he or she identified? List all

7. Do you plan on keeping your baby? 0 = No 1 = Yes 2 = Haven't decided yet

8. Do you plan to breastfeed your baby? 0 = No 1 = Yes 2 = Haven't decided yet

9. Please rate how stressful you think each of the following will be for you after you have your baby:

	Not at all stressful	A little stressful	Stressful	Very stressful
a. Lack of sleep	1	2	3	4
b. Breastfeeding	1	2	3	4
c. Being a mother, in general	1	2	3	4
d. Fussy baby	1	2	3	4
e. Knowing what to do when the baby cries	1	2	3	4
f. Baby being sick	1	2	3	4
g. Decisions about the care of the baby	1	2	3	4
h. Feeding the baby	1	2	3	4
i. Childcare (formal or informal)	1	2	3	4
j. Concerns about your physical appearance	1	2	3	4
k. Concerns about your own health	1	2	3	4
l. Relationship with spouse/partner	1	2	3	4
m. Conflict with, or lack of support from, friends/family	1	2	3	4
n. Financial worries	1	2	3	4
o. Work problems	1	2	3	4
p. Legal problems	1	2	3	4
q. Problems with DCBS, child protective services, social services	1	2	3	4
r. Multi-tasking while caring for the baby (i.e. household chores, caring for other children)	1	2	3	4

	0 = None	1 = Mild	2 = Moderate	3 = Severe	4 = Very severe
10. During the past 2- weeks please rate the severity of your sleep problems					
a. difficulty falling asleep	0	1	2	3	4
b. difficulty staying asleep	0	1	2	3	4
c. problems waking up too early	0	1	2	3	4
	0 = Very satisfied	1 = Satisfied	2 = Moderately satisfied	3 = Dissatisfied	4 = Very dissatisfied
12. How SATISFIED/DISSATISFIED are you with your CURRENT sleep pattern?	0	1	2	3	4
	0 = Not at all	1 = A little	2 = Somewhat	3 = Much	4 = Very much
13. How NOTICEABLE to others do you think your sleep problem is in terms of impairing the quality of your life?	0	1	2	3	4
14. How WORRIED/DISTRESSED are you about your current sleep problems?	0	1	2	3	4
15. To what extent do you consider your sleep problem to INTERFERE with your daily functioning (e.g., daytime fatigue, mood, ability to function at work/daily chores, concentration, memory, mood, etc.) CURRENTLY?	0	1	2	3	4
	0 = No days	1 = 1 or 2 days	2 = About half the week	3 = Almost every night	4 = Every night
16. During the past 7 days how often did you take something (including prescribed, over the counter, or other) to help you sleep?	0	1	2	3	4

Important Events In Your Life To Help You Remember

The questions in this interview ask about two main timeframes: (1) **before** you knew you were pregnant and (2) **in the past 30 days**. To help you remember what timeframe we are talking about, I will use the calendar below. Because this may have been a while ago, to help you remember I would like to ask you for something memorable about any of those months.

Note: It is not necessary to spend a lot of time answering these questions. These questions are meant to help jog the client's memory and to help anchor the timeframes that will be referred to throughout the interview.

1. When did you become pregnant (*please estimate a date and use the 15th if date is not known?*)
 MM/DD/YYYY (*build the calendar back from this date*)
2. Fill in the appropriate dates going back 30 days (*starting with the most recent 30 days*). Then fill in the rest of the calendar so that a 6-month period is showing.
3. Each month should then be anchored with at least one event that has special meaning for the client (*Note: not all holidays or special days mean the same thing to all clients so it is critical that they decide what to put for each month as an anchor*).
 - a. Any holidays or other special days during this period (e.g., Halloween)
 - b. Any birthdays for you, your partner, your children, or other close relative
 - c. Did anything special (positive or negative) happen to you in this time period? (e.g., change in job, major illness, start school, graduate, pregnant)
 - d. Did you move at all during this time period? What months did you move?
 - e. Any changes in your relationship status during these months?
 - f. Anything else memorable that you can think of?

Month number	1 month (30 days before pregnant)	2 months before pregnant	3 months before pregnant	4 months before pregnant	5 months before pregnant	6 months before pregnant
<u>Month</u>						
<u>Event(s)</u>						

If using a paper copy, please print and refer to this throughout the interview. If using the computer, please refer to the calendar on the screen throughout the interview.

Section C. Physical Health

The next group of questions is about your physical health now, and your physical health before you were pregnant. Physical health is important to assess so that we can identify and track any health concerns you may have.

1. How would you rate your overall health now?

- 1=Poor
- 2=Fair
- 3=Good
- 4=Very good
- 5=Excellent

2. Have you **ever** been told by a doctor that you had any of the following chronic physical health problems?

(Check ALL that apply)

- | | |
|--|--|
| <input type="checkbox"/> Diabetes
<input type="checkbox"/> Arthritis
<input type="checkbox"/> Cardiovascular/heart disease (<i>e.g., high blood pressure, stroke, congestive heart failure, angina</i>)
<input type="checkbox"/> Chronic obstructive pulmonary disease (COPD) (<i>e.g., emphysema</i>)
<input type="checkbox"/> Asthma
<input type="checkbox"/> Seizures
<input type="checkbox"/> Severe dental problems
<input type="checkbox"/> Cancer
<input type="checkbox"/> Kidney disease/failure | <input type="checkbox"/> Cirrhosis of the liver
<input type="checkbox"/> Pancreatitis
<input type="checkbox"/> TB (tuberculosis)
<input type="checkbox"/> Hepatitis B
<input type="checkbox"/> Hepatitis C
<input type="checkbox"/> HIV/AIDS
<input type="checkbox"/> Other sexually transmitted infections (STI) (<i>e.g., chlamydia, gonorrhea, genital herpes, trichomoniasis, syphilis, HPV</i>)
<input type="checkbox"/> None of the above |
|--|--|

3. Do you have any major physical health problems that are not currently being treated? 0 = No 1 = Yes

3a. If Yes, please specify _____

4. Thinking about your **physical health**, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good? _____ days

5. Thinking about your **mental health**, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good? _____ days

(Skip Q6 if 0 days in both Q4 & Q5)

6. During the past 30 days, for about how many days did **poor physical or mental health** keep you from doing your usual activities, such as self-care, work, or recreation? _____ days

7. How often, in the past 30 days, have you used alcohol, prescription drugs, or illegal drugs to reduce physical pain?

Almost never	Sometimes	About half the time	Most of the time	Almost always
1	2	3	4	5

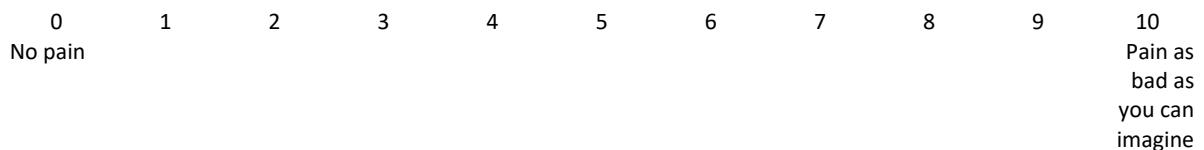
8. Have you experienced any serious chronic pain lasting at least 3 months during the **6 months before you were pregnant?** Like what you get from arthritis, fibromyalgia or unhealed injuries. 0= No (**if no, skip to Section D**) 1 = Yes

8a. What was the earliest age that you began having any type of chronic pain? _____ years old

8b. How many months in the 6 months before you were pregnant did you experience chronic pain? _____ Months

8c. How many days in the **30 days before you were pregnant** did you experience chronic pain? _____ days

8d. Rate the intensity of that chronic pain on AVERAGE during the 30 days before you were pregnant. Select one rating.



8e. Has that chronic pain continued into your pregnancy? 0=No (**if no, skip to Q8**) 1= Yes

8f. How many days in the **past 30 days** did you experience chronic pain? _____ days

Section D. Emotional Health

In the next section you will be asked if you feel you have significant problems in certain areas of your emotional health. For this section, I will be asking each question twice: In the 6 months before you were pregnant and in the past 30 days. Please think about these questions beyond what you would expect from pregnancy.

<i>(Note: ask all of these questions in the 6 months before you were pregnant first, then come back and ask about the past 30 days).</i>	In the 6 months before you were pregnant		In the Past 30 Days	
	No	Yes	No	Yes
1. Did you have two weeks in a row (or more) when you were consistently depressed or down, most of the day, nearly every day?	0	1	0	1
2. Did you have two weeks in a row (or more) when you were much less interested in most things or much less able to enjoy the things you used to enjoy most of the time?	0	1	0	1

(If no to Q1 and Q2 skip to Q10) In that period of two weeks or more when you felt depressed or uninterested...				
3. Was your appetite decreased or increased nearly every day? Did your weight decrease or increase without trying intentionally (i.e., ± 8 lbs for a 160 lb person in a month (more than expected while you were pregnant))?	(If yes to either, select Yes)	0	1	0 1
4. Did you have trouble sleeping nearly every night (difficulty falling asleep, waking up in the middle of the night, early morning wakening or sleeping excessively (more than expected)?		0	1	0 1
5. Did you talk or move more slowly than normal or were you fidgety, restless or having trouble sitting still almost every day?		0	1	0 1
6. Did you feel tired or without energy almost every day?		0	1	0 1
7. Did you feel worthless or guilty almost every day?		0	1	0 1
8. Did you have difficulty concentrating or making decisions almost every day?		0	1	0 1
9. Did you repeatedly consider hurting yourself, feel suicidal, or wish that you were dead?		0	1	0 1

10. **Have you had a time period lasting 6 months or longer when** you worried excessively or you were anxious about several things (like family, health, finances, school, or work difficulties)?
 No = 0 (**If no, skip to Q19**) 1 = Yes

11. Are these worries present most days? 0 = No 1 = Yes

12. Do you find it difficult to control the worries or do they interfere with your ability to focus on what you are doing? 0 = No 1 = Yes

During the time when you were anxious, did you	In the 6 months before pregnancy		In the Past 30 Days	
	No	Yes	No	Yes
13. Feel restless, keyed up or on edge?	0	1	0	1
14. Feel tense (i.e., muscle tension)?	0	1	0	1
15. Feel tired, weak, or exhausted easily?	0	1	0	1
16. Have difficulty concentrating or have your mind go blank?	0	1	0	1
17. Feel irritable?	0	1	0	1
18. Have difficulty sleeping (difficulty falling asleep, waking up in the middle of the night, early morning wakening or sleeping excessively)?	0	1	0	1

19. How much do you worry about your personal safety on a day to day basis?

0 = Not at all

1 = Only a little

2 = Somewhat

3 = A fair amount

4 = A great deal

20. How often, in the past 30 days, have you used alcohol, prescription drugs, or illegal drugs to reduce stress, anxiety, worry, sadness, or fear?

Never/Almost never	Sometimes	About half the time	Most of the time	Almost always/Always
1	2	3	4	5

This next set of questions asks about hurtful things that others may have done to you when you were a child (less than 18 years old). These questions are important because our background can sometimes influence our emotions and coping styles. Research has shown that stressful events that happen to us in childhood and things that happen to us as adults matter. The questions only have a YES or NO response and will not ask you to provide details about any of your experiences. (**Interviewer note:** if the client is unsure of whether something happened or not please mark it as a no).

<i>While you were growing up, before your 18th birthday:</i>	No	Yes
21. Did a household member go to prison?	0	1
22. Were your parents separated or divorced (before you turned 18 years old)?	0	1
23. Did you live with anyone who was a problem drinker or alcoholic or used street (illegal) drugs?	0	1
24a. Was a household member depressed or mentally ill or did a household member attempt suicide?	0	1
24b. Did you often feel that you didn't have enough to eat, had to wear dirty clothes, and had no one to protect you?	0	1
24c. Did you often feel that your parents were too drunk or high to take care of you or take you to the doctor if you needed it?	0	1
25a. Did you often feel that no one in your family loved you or no one thought you were important or special?	0	1
25b. Did you often feel that your family didn't look out for each other, feel close to each other, or support each other?	0	1
26a. Was your mother or stepmother often pushed, grabbed, slapped, or had something thrown at her?	0	1
26b. Was your mother or stepmother sometimes or often kicked, bitten, hit with a fist, or hit with something hard?	0	1
26c. Was your mother or stepmother ever repeatedly hit lasting at least a few minutes or threatened with a gun or knife?	0	1
27a. Did a parent or other adult in the household often swear at you, insult you, put you down, or humiliate you?	0	1
27b. Did a parent or other adult in the household often act in a way that made you afraid that you might be physically hurt?	0	1
28a. Did a parent or other adult in the household often push, grab, slap, or throw something at you?	0	1
28b. Did a parent or other adult in the household ever hit you so hard that you had marks or were injured?	0	1
29a. Did an adult or person at least 5 years older than you ever touch or fondle you or have you touch their body in a sexual way?	0	1
29b. Did an adult or person at least 5 years older than you ever try to or actually have oral, anal, or vaginal sex with you?	0	1

30. The next group of questions asks about situations in which you may have been the victim of a crime in your lifetime (ever) and in the six months before you were pregnant. These are yes or no questions and if you select yes, you will be asked if the perpetrator was a partner or ex-partner, an acquaintance or family member, or a stranger. No other details will be asked.

	Ever		In the 6 months before pregnancy	
	No	Yes	No	Yes
a. Have you been robbed or mugged (someone took your wallet, money, or other personal valuables) by someone who used force or threats of force?	0	1	0	1
If ever, was it by... (circle all that apply)				
1 = partner/ex-partner				
2 = acquaintance or family member				
3 = stranger (someone you did not know well)				
b. Have you been physically assaulted or attacked by someone?	0	1	0	1
If ever, was it by... (circle all that apply)				
1 = partner/ex-partner				
2 = acquaintance or family member				
3 = stranger (someone you did not know well)				
c. Have you been directly or indirectly threatened with a gun or held at gunpoint?	0	1	0	1
If ever, was it by... (circle all that apply)				
1 = partner/ex-partner				
2 = acquaintance or family member				
3 = stranger (someone you did not know well)				
d. Have you been frightened or concerned for your safety or the safety of others close to you because someone repeatedly followed you, repeatedly contacted you, and/or repeatedly showed up at your house or other places when you did not want them to (stalked or obsessively pursued you)?	0	1	0	1
If ever, was it by... (circle all that apply)				
1 = partner/ex-partner				
2 = acquaintance or family member				
3 = stranger (someone you did not know well)				
e. Have you been threatened or forced to engage in unwanted sex or sex acts against your will?	0	1	0	1
If ever, was it by... (circle all that apply)				
1 = partner/ex-partner				
2 = acquaintance or family member				
3 = stranger (someone you did not know well)				
f. Have you had sexual intercourse that you did not want when you were drunk, passed out, asleep, drugged or otherwise unable to agree or consent to it?	0	1	0	1
If ever, was it by... (circle all that apply)				
1 = partner/ex-partner				
2 = acquaintance or family member				
3 = stranger (someone you did not know well)				
g. Have you been abused by a dating or intimate partner? (a partner physically assaulted you, controlled you, or emotionally abused you that made you scared or afraid for your safety)?	0	1	0	1

			Ever		In the 6 months before pregnancy	
			No	Yes	No	Yes
h. Have you verbally, sexually or otherwise been harassed in a way that made you afraid for your safety that was not already discussed above?			0	1	0	1
If ever, was it by... (circle all that apply)						
1 = partner/ex-partner						
2 = acquaintance or family member						
3 = stranger (someone you did not know well)						

31. These next four questions will ask about problems that people sometimes have in response to very stressful situations. Keeping your **worst event** in mind, please indicate how much you have been bothered by that experience in the 6 months before you were pregnant.

In the 6 months before you were pregnant, how much:	Not at all	A little bit	Moderately	Quite a bit	Extremely
a. were you bothered by repeated, disturbing, and unwanted memories of those experience(s)?	0	1	2	3	4
b. did you avoid external reminders of those experience(s) (for example, people, places, conversations, activities, objects, or situations)?	0	1	2	3	4
c. did you have strong negative beliefs about yourself, other people, or the world because of those experiences (for example, having thoughts such as: I am bad, there is something seriously wrong with me, no one can be trusted, the world is completely dangerous)?	0	1	2	3	4
d. did you feel jumpy or easily startled?	0	1	2	3	4

Section E. Education & Employment

This next group of questions is about your educational background and employment status. This information is important in understanding your unique needs as well as program outcomes.

- How many years of education have you completed? Please choose your highest completed level from the following list.

0 = Never attended	7 = 7 th grade	14 = Some college
1 = 1 st grade	8 = 8 th grade	15 = Some voc/tech school
2 = 2 nd grade	9 = 9 th grade	16 = Voc/tech diploma
3 = 3 rd grade	10 = 10 th grade	17 = Associate's degree
4 = 4 th grade	11 = 11 th grade	18 = Bachelor's degree
5 = 5 th grade	12 = 12 th grade	19 = Master's degree
6 = 6 th grade	13 = GED	20 = Doctorate degree

2. What was your usual employment pattern in the 6 months before you were pregnant (i.e., your work pattern most of the time)?

- 1 = Full time (35+ hours per week)
- 2 = Part-time (<35 hours per week)
- 3 = Part-time (irregular, day work)
- 4 = Unemployed, student
- 5 = Retired
- 6 = Disability/applied for disability
- 7 = Unemployed, homemaker/caregiver
- 8 = Unemployed
- 9 = In a controlled environment (jail, hospital, etc.)

3. What is your current employment status? Include all jobs to figure your total hours worked per week on average. If on leave (maternity, disability) how many hours typically will you work when you return to the job?

- 0 = Not currently employed and not on leave for pregnancy related reasons (**Skip to Q4**)
- 1 = Fulltime (35+ hours per week)
- 2 = Part-time (<35 hours per work)
- 3 = Occasional, from time to time, or seasonal work
- 4 = On leave from a job for pregnancy related reasons

3a. How long have you had this job (in months)? Enter longest time you have had multiple jobs.
_____ Months

3b. What is your current **hourly** wage (minimum wage is \$7.25)? If multiple jobs, enter the highest wage. If you receive a salary, please estimate how much you made an hour based on the typical number of hours you work in a week. \$ _____.

3c. What type of work do you do? (**Select one**) If multiple jobs, select the type of job you work most often.

- 1 = **Professional** (e.g., librarian, healthcare professional such as RN, EMT, dental hygienist, physician, claims adjuster, mental health counselors, social workers, probation officers, paralegal, court reporter, teacher, teacher assistant, photographer, clergy, entertainer)
- 2 = **Service** (e.g., food preparation and serving, child care, adult day care, health care support such as CNA, massage therapist, phlebotomist, landscaping, janitorial/cleaning, housekeeping, pest control, police officer, lifeguard, security guard, hair stylist, personal trainer, restaurant manager)
- 3 = **Sales and Office** (e.g., office and administrative support, cashier, retail sales, real estate, telemarketer, bookkeeping, bank teller, hotel desk clerk, postal service, data entry worker, store manager)
- 4 = **Natural Resources, Construction, and Maintenance** (e.g., mining, fishing, farming, nursery worker, logging, forestry, construction, carpenter, plumber, roofer, mechanic, repair shop, computer repair, utility worker, heating/air conditioning tech)
- 5 = **Production, Transportation, and Material Moving** (e.g., factory production line, baker, butcher, dry cleaning, tailor, woodworking, power plant, flight attendant, bus driver, taxi driver, packager, welder, sanitation worker)
- 6 = **Military Specific**
- 7 = **Other, specify:** _____

3d. Are you also in school or receiving additional vocational training while working? 0 = No 1 = Yes

(If Employed, SKIP Q4, ask everyone Q5)

4. If you are not currently employed, how would you describe yourself? **Select one.**

- 1 = Unemployed, but looking for work
- 2 = Unemployed, but on furlough or temporarily laid-off
- 3 = Unemployed, but keeping house or caring for children fulltime
- 4 = On disability/applied for disability
- 5 = Retired
- 6 = Student/in training
- 7 = In a controlled environment/prohibited from working
- 8 = Unemployed, not looking for work
- 9 = Other, please specify: _____

5. **(Ask everyone)** Do you expect to be employed in the next 12 months? 0 = No 1 = Yes

6. Do you receive public assistance? (e.g., WIC, TANF, SNAP) 0 = No **(If no, skip to Q7)** 1 = Yes

6a. What assistance do you currently receive? **(Circle all that apply)**

- 1 = Temporary Assistance for Needy Families (TANF)
- 2 = Supplemental Nutrition Assistance Program (SNAP)
- 3 = WIC
- 4 = Unemployment
- 5 = Local Church or other community organization support
- 6 = Disability (SSI)
- 7 = Disability (SSDI)
- 8 = Other, please specify: _____

7. Now I'm going to ask you some questions about how things have gone for you in your household in the **6 months before you were pregnant** and **in the past 30 days**. Answer yes or no for each question.

	In the 6 months before you were pregnant		In the Past 30 Days	
	No	Yes	No	Yes
a. Did you/your family had difficulty paying the full amount of rent or mortgage?	0	1	0	1
b. Were you/your family evicted from your home/apartment for not paying the rent?	0	1	0	1
c. Were you/your family unable to pay the gas or electric bill?	0	1	0	1
d. Were you/your unable to pay your phone/cell phone bill?	0	1	0	1
e. Was there a time when there was not enough food in your household to eat?	0	1	0	1
f. Did you or someone in your household need to see a doctor or go to the hospital but wasn't able to because of financial reasons?	0	1	0	1
g. Did you or someone in your household need to see a dentist but didn't go because of financial reasons?	0	1	0	1
h. Did you or someone in your household need to fill a prescription for medication but was unable to because of cost?	0	1	0	1

Section F. Substance Use

The next group of questions is about your substance use during three time periods: 1) in the 6 months before you were pregnant, 2) in the 30 days before you were pregnant, and 3) in the past 30 days. (NOTE: If there was ANY use within a month it counts as a month's use. Also, non-prescribed use of prescription medication or misuse of prescribed medication (e.g., taking more than prescribed) should be counted as illegal drug use.)

a. How old were you when you began smoking regularly (on a daily basis)?	<input type="text"/> Years old	0 = Never used regularly
b. How old were you when you had your first alcohol drink, other than a few sips?	<input type="text"/> Years old	0 = Never used
c. How old were you when you first used illegal drugs (e.g., marijuana, cocaine, heroin, tranquilizers, stimulants, sedatives, barbiturates, inhalants or prescription painkillers not prescribed for you)?	<input type="text"/> Years old	0 = Never used

2. Tobacco/Nicotine Use	In the 6 months before you were pregnant	In the 30 days before you were pregnant	In the Past 30 Days
a. How many months and days did you smoke tobacco products (e.g., cigarettes, cigars, pipes, bidis, cigarillos)?	<input type="text"/> # OF MONTHS	<input type="text"/> # OF DAYS	<input type="text"/> # OF DAYS
b. On the days you smoke cigarettes, how many cigarettes on average did/do you smoke a day (20 in a pack)?	<input type="text"/> # cigarettes	<input type="text"/> # cigarettes	<input type="text"/> # cigarettes
c. How many months and days did you use E-cigarettes (electronic cigarettes, devices that deliver nicotine in a vapor and look like cigarettes, but contain no tobacco)	<input type="text"/> # OF MONTHS	<input type="text"/> # OF DAYS	<input type="text"/> # OF DAYS
d. How many months and days did you use smokeless tobacco (e.g., chewing tobacco, snuff, dissolvable tobacco)?	<input type="text"/> # OF MONTHS	<input type="text"/> # OF DAYS	<input type="text"/> # OF DAYS

3. Alcohol Use	In the 6 months before you were pregnant	In the 30 days before you were pregnant	In the Past 30 Days
<i>Alcohol includes beer, wine, wine coolers, liquor and grain alcohol. One drink is equivalent to a 12-ounce beer or wine cooler, a 5-ounce glass of wine, or a drink with one shot of liquor. A 40 ounce beer would count as 3 drinks, or a cocktail drink with 2 shots would count as 2 drinks.</i>			
<i>How many months and days did you...</i>			
a. Drink alcohol? (if zero, skip to Q3, illicit drug use)	<input type="text"/> # OF MONTHS	<input type="text"/> # OF DAYS	<input type="text"/> # OF DAYS
b. Drink alcohol to intoxication?	<input type="text"/> # OF MONTHS	<input type="text"/> # OF DAYS	<input type="text"/> # OF DAYS
c. Have 4 or more alcoholic drinks in a period of about 2 hours?	<input type="text"/> # OF MONTHS	<input type="text"/> # OF DAYS	<input type="text"/> # OF DAYS

4. How many months and days did you use...	In the 6 months before you were pregnant	In the 30 days before you were pregnant	In the past 30 days
a. Marijuana (e.g., Hashish/Pot)	# OF MONTHS	# OF DAYS	# OF DAYS
b. THC vape pen	# OF MONTHS	# OF DAYS	# OF DAYS
c. Sedatives, hypnotics, muscle relaxants, or tranquilizers not prescribed for you (e.g., Ativan®, Xanax®, Valium®, Klonopin®, Benzodiazepines, Librium®, Halcion®, GHB, liquid ecstasy, Soma®, Flexeril®, Ketamine, Special K, Vitamin K, downers, nerve pills)	# OF MONTHS	# OF DAYS	# OF DAYS
d. Barbiturates not prescribed for you (e.g., mephobarbital, Mebacut, pentobarbital, Nembutal®, Seconal®, Amytal®)	# OF MONTHS	# OF DAYS	# OF DAYS
e. Other opiates, analgesics, pain killers not prescribed for you – (e.g., morphine, Percocet®, oxycodone, Oxycontin®, Lortab®, hydrocodone, Dilaudid®, opana, Fentanyl)	# OF MONTHS	# OF DAYS	# OF DAYS
f. Stimulants not prescribed for you (e.g., methamphetamine, Dexedrine®, Adderall®, crystal, uppers, speed, MDMA, Ritalin®, Ecstasy, crank)	# OF MONTHS	# OF DAYS	# OF DAYS
g. Cocaine/crack (e.g., cocaine crystal, free-base cocaine, crack, or rock cocaine)	# OF MONTHS	# OF DAYS	# OF DAYS
h. Heroin (e.g., smack, H, junk, skag)	# OF MONTHS	# OF DAYS	# OF DAYS
i. Hallucinogens (e.g., PCP, Other Hallucinogens/Psychedelics, LSD, Mushrooms, Mescaline, psilocybin)	# OF MONTHS	# OF DAYS	# OF DAYS
j. Inhalants (e.g., poppers, Rush, Whippets or “huffing” paint, glue, aerosol can spray)	# OF MONTHS	# OF DAYS	# OF DAYS
k. Methadone not prescribed for you (e.g., dolophine, LAAM)	# OF MONTHS	# OF DAYS	# OF DAYS
l. Subutex®/Suboxone® or buprenorphine that was not prescribed for you (include butran patch)	# OF MONTHS	# OF DAYS	# OF DAYS
m. Synthetic/Designer/Novel drugs (e.g., synthetic marijuana, bath salts, K2, Kratom, Flakka)	# OF MONTHS	# OF DAYS	# OF DAYS
n. I did not use ANY drugs during the above time periods (skip to Q4)	98	98	98
o. How many days did you use more than one substance per day (including alcohol but excluding tobacco products)	# OF DAYS	# OF DAYS	

5. Have you ever injected any drugs? 0 = No 1 = Yes

5a. Have you injected drugs in the past 30 days? 0=No 1=Yes

6. Before you were pregnant how many times have you ever received services for substance abuse? Count all previous treatment episodes including detox, drug court, and recovery programs. _____ times

7. In the 6 months before you were pregnant did you attend AA, NA, MA or other recovery self-help group meetings? 0 = No 1 = Yes

8. In the past 30 days:

8a. Did you receive services for substance abuse including detox, drug court, and recovery programs?
0 = No 1 = Yes

8b. How many times did you attend AA, NA, MA or other recovery self-help group meetings (count # of meetings attended)? _____ Meetings

9. How many times have you overdosed on drugs (required intervention by someone to recover, not simply sleeping it off; including suicide attempts by OD)?

9a. Ever: _____ # of times (**If 0, skip to Q10**)

9b. Past 6 months: _____ # of times

10. Have you ever received buprenorphine/naloxone, naltrexone (Vivitrol™), or methadone as part of a medication-assisted treatment (MAT) for your substance abuse problems?

0 = No (**If No, skip to Q12**) 1 = Yes

10a. How many months in the 6 months before you were pregnant did you use any prescribed buprenorphine/naloxone, naltrexone (Vivitrol™), or methadone for substance abuse? _____ Months

10b. How many days in the past 30 did you use any of those medications? _____ Days

10c. What type of medication did you use most recently?

1 = Suboxone/Subutex (buprenorphine)

2 = Methadone

3 = Vivitrol

10d. Where did you get the medication you most recently used?

1 = Prescribed by a doctor in a general medical practice

2 = Prescribed by a doctor in a specialty clinic

3 = Dispensed in a clinic

10e. Thinking about the most recently prescribed medication for your opioid use problems, how much do you think the medication helped you? (Please select one)

- 1= HELPED you with your drug problems
- 2= HAD NO EFFECT on your drug problems
- 3= Made your drug problems WORSE

11. Within the past 48 hours have you used prescribed buprenorphine/naloxone, naltrexone (Vivitrol™), or methadone? 0 = No 1 = Yes

Even though you may not have used alcohol or drugs during the time periods discussed above, you may have been anxious, bothered or worried about your ability to stay sober.

12. How many days did you experience <u>alcohol/drug</u> problems 30 days before you were pregnant (craving, withdrawal, wanting to quit but being unable, worrying about relapse)?	ALCOHOL # OF DAYS	DRUGS # OF DAYS
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13. Alcohol	Not At All	Slightly	Moderately	Considerably	Extremely
a. How troubled or bothered were you by alcohol problems in the 30 days before you were pregnant? (your own problems)	0	1	2	3	4
b. How important to you was a treatment program, for yourself, for these alcohol problems in the 30 days before you were pregnant? (your own problems)	0	1	2	3	4
14. Drug	Not At All	Slightly	Moderately	Considerably	Extremely
a. How troubled or bothered were you by drug problems in the 30 days before you were pregnant? (your own problems)	0	1	2	3	4
b. How important to you was a treatment program, for yourself, for these drug problems in the 30 days before you were pregnant? (your own problems)	0	1	2	3	4

Section G. Living Situation

The next set of questions will ask more about you, your family, and your living situation. Family and living situation can be risk factors or can help protect us from stress.

1. What is your current marital status?

- 1 = Married (include same-sex and common-law marriages) (**Skip to Q3**)
- 2 = Separated
- 3 = Divorced
- 4 = Widowed
- 5 = Never married

2. Are you currently living with an intimate partner? 0 = No 1 = Yes (**If No, skip to Q4**)

3. **(If married or cohabiting)** Is this partner the father of the baby in your current pregnancy?

0 = No 1 = Yes 98 = Don't know

4. How many times have you previously been pregnant? (*do not count current pregnancy*) _____ Times **(if 0, skip to Q6)**

5. How many children that are still living have you ever had in your lifetime? _____ child(ren) **(enter 0 if none and skip to Q6)**

5a. How many of those children are under the age of 18? _____ child(ren) **(if 0, skip to Q6)**

5b. How many of your children under the age of 18 currently live with you? _____ child(ren)

5c. Are you currently involved with Child Protective Services, DCBS, or Social Services? 0 = No 1 = Yes

6. Do you consider yourself to be currently homeless for any reason? 0 = No **(If no, skip to Q7)** 1 = Yes

6a. Why do you consider yourself to be homeless? Select one.

- 1 = Staying in a shelter
- 2 = Staying temporarily with friends/family
- 3 = Staying on the street or living in your car
- 4 = Other, please specify: _____

7. In the past 30 days, where have you lived most of the time? **(Select one)**

- 1 = Your own home or apartment
- 2 = Someone else's home or apartment
- 3 = Residential program
- 4 = Recovery Center
- 5 = Prison, jail or detention center
- 6 = Hospital
- 7 = Military base
- 8 = Halfway house, Sober Living Home
- 9 = Shelter or on the street
- 10 = Other, please specify: _____

8. How safe is your current living situation?

- 1 = Very unsafe
- 2 = Moderately unsafe
- 3 = Uncertain
- 4 = Moderately safe
- 5 = Very safe

9. In the 6 months before you were pregnant, how many **NIGHTS** were you in a facility where you were not free to come and go as you pleased like a hospital, jail, or residential drug treatment program (not a shelter)?
_____ TOTAL nights

10. In the 6 months before you were pregnant, how many times were you arrested and charged for any offense?
_____ Times

11. In the 6 months before you were pregnant, how many NIGHTS were you incarcerated (jail, prison, or a detention center?) _____ Nights

11a. In the past 30 days, how many nights were you incarcerated (jail, prison, or a detention center)?
_____ Times

12. Are you currently on parole? 0 = No 1 = Yes

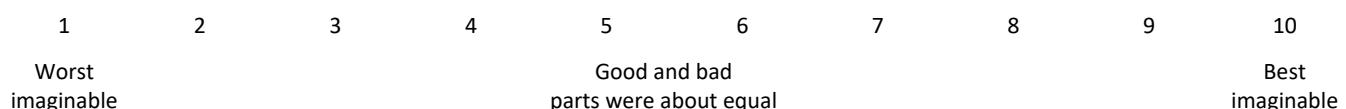
13. Are you currently on probation? 0 = No 1 = Yes

14. Are you currently involved with Drug Court? 0 = No 1 = Yes

Section H. More About You and Your Living Situation

The next set of questions asks about your safety which can also contribute to stress. I understand that some of these questions might be difficult to answer, so take your time.

1. How would you rate your quality of life now?



2. Do you currently live with anyone who has a problem with alcohol, misuses prescription drugs, or uses illegal drugs? 0 = No 1 = Yes
3. Thinking about the 6 months before you were pregnant and in the past 30 days, has a partner or ex-partner done any of the following to you?

Has a partner/ex-partner:	In the 6 months before you were pregnant...		In the past 30 days	
	No	Yes	No	Yes
a. Verbally or psychologically abused you? (e.g., insulted you, shouted, criticized you, criticized in front of others, treated you like an inferior, tried to make you feel crazy, told you your feelings were irrational or crazy)	0	1	0	1
b. Been extremely jealous or controlling (e.g., tried to control you, monitored your time, accused you of having an affair, interfered in your relationship with other family members or friends, kept you from doing things to help yourself, controlled finances, work interference)	0	1	0	1
c. Threatened you or others close to you with violence? (e.g., threatened to hit or throw something at you by smashing, kicking or hitting something)	0	1	0	1
d. Been physically violent toward you? (e.g., pushing, shoving, kicking, beat up, choking, burning, attack with a weapon)	0	1	0	1
e. Frightened you by repeatedly following you, calling you, and/or showing up at your house (stalked or obsessively pursued you when you did not want them to)?	0	1	0	1

	In the 6 months before you were pregnant...		In the past 30 days	
	No	Yes	No	Yes
f. Purposely destroyed property that belonged to you or a close friend, family member, or relative?	0	1	0	1
g. Made you do sexually degrading things or sexually humiliated and degraded you?	0	1	0	1
h. Caused you to have sex because you were afraid of what might happen if you didn't but he didn't directly threaten or force you or had sex with you while you were sleeping and he knew you did not like that.	0	1	0	1
i. Made you have sex by threatening to harm you or someone close to you or physically forcing you (like hitting, holding down, or using a weapon) to have sex?	0	1	0	1

4. Do you feel concerned for your safety or afraid of physical or other harm from a current or ex-partner?

0 = No 1 = Yes

Section I. Social Supports

The final set of questions is about the support you have had available to you in the past 30 days.

1. **In the past 30 days**, how many people could you count on for emotional support when you needed it?
_____ people

2. Thinking about the overall level of support from others in your life **in the past 30 days**, how satisfied would you say you are with this support?

1 Extremely dissatisfied	2 Fairly dissatisfied	3 A little dissatisfied	4 A little satisfied	5 Fairly satisfied	6 Extremely satisfied
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3. It is important to me to help others who have had similar experiences to me while pregnant.

Strongly Disagree	Disagree	Neither Disagree or Agree	Agree	Strongly Agree
1	2	3	4	5

Follow-Up Study

Thank you for considering participation in the follow-up study. This study helps improve programs like the one you are entering. This is a summary of the study and the consent form, on the next page, has more details. The Health Follow-Up study staff from the University of Kentucky may contact you in about 6 months after you give birth if: (1) you agree to be contacted; and, (2) you are selected.

What will I be asked to do?

If you agree and are selected, we will contact you by phone in about 6 months after you give birth for a short survey (about 20 minutes). You will be paid \$20 for your time. We will ask you about your case management program experience and how you have been doing during the past 6 months.

The information you provide can help other women across the state and help improve programs.

You can agree to participate now, but you will also be able to decide whether or not to agree to participate if we contact you.

Who will see my answers?

No one will know what you tell us. Your name is not attached to your answers so they can't be traced back to you. About 200 other women across Kentucky participate in this study each year and all of your feedback will be reported as a group. No names are ever revealed.

Why should I sign up?

Everyone has a different program experience and we want to hear about yours! After you finish the survey, the University of Kentucky will send you a \$20 check as a thank you for your feedback and time.

How do I sign up?

Let us know, on the page below, if you want to be contacted about the follow-up study. We will also need information about how to contact you about 6 months after you give birth.

None of your information will ever be given out to anybody but you. We will use a special security process to verify we are speaking to only you when we call.

What if I have questions?

You can check out our website at ukhealthfollowup.com, text or call us at 866-304-5467 for more information, or call Dr. TK Logan at 859-323-0416 with any questions or concerns.

KY-Moms: Maternal Assistance Towards Recovery (MATR) Outcome Study Consent to Follow-Up Data Collection

WHY AM I BEING ASKED TO TAKE PART IN THIS RESEARCH?

You are being asked to take part in a follow-up research study of the KY-Moms MATR program because you were involved with the program. Your participation in this telephone survey research project is completely voluntary. If you take part in this study, you will be one of about 200 women each year to do so.

WHO IS DOING THE STUDY?

The Principal Investigator in charge of the study is TK Logan, Ph.D. Allison Scrivner, M.S. and Jennifer Cole, Ph.D. also work with the study. There may also be others involved in the study.

WHAT IS THE PURPOSE OF THIS STUDY?

The purpose of this study is to gather information about your health during and after your pregnancy. It also asks about your employment, education, legal status, stress and health status and your use of treatment and KY-Moms MATR services. This interview is part of the evaluation of the KY-Moms MATR program and helps us learn more about your program experiences.

WHERE IS THE STUDY GOING TO TAKE PLACE AND HOW LONG WILL IT LAST?

The follow-up interviews are done by staff at the University of Kentucky who will contact you by telephone. The phone survey takes about 20 minutes to complete.

WHAT WILL I BE ASKED TO DO?

You will be asked to answer questions about your health during and after your pregnancy including substance use and related behavioral health. You will be asked about your employment, stress, and your use of services. You will not be asked to take part in any experimental treatments or procedures.

You will also be asked to give contact information so that we can contact you about 6 months after you give birth. We will ask you for the names, addresses, and phone numbers for you and up to two persons who would be most likely to know how to reach you at the time of follow-up about 6 months after the baby is born. You or the people you list as contacts may be contacted by phone, mail, email, or through social networking sites such as Facebook in order to reach you to complete the follow-up interview. We may use publicly available databases to find updated information in order to contact you about completing the follow-up interview. In some cases, we may confidentially try to contact you through addresses or phone numbers that are or have been linked to you in some way by mail or phone. When trying to contact you, the researchers will continue to keep your connection with the program confidential. You are also asked to let the researchers use state information about the number, types and costs of state and Medicaid funded services you receive and medical information about your health and birth outcomes at the time of the delivery of your baby.

ARE THERE REASONS WHY I SHOULD NOT TAKE PART IN THIS STUDY?

There are no conditions that would keep you from taking part in this study.

WHAT ARE THE POSSIBLE RISKS AND DISCOMFORTS?

There are no known risks to participating in these interviews. It is perhaps possible that the questions will cause you some emotional discomfort since they might cause you to remember times when you were unhappy or under stress. Also, some people may be uncomfortable talking about confidential information. Because of the steps we have taken to protect your privacy, the risk of unauthorized disclosure is minimal. If you express discomfort during the follow-up interview, you will be offered referrals to local and national resources.

WILL I BENEFIT FROM TAKING PART IN THIS STUDY?

There are no direct benefits to you for taking part in the follow-up study. However, some women find it helpful to be interviewed about their health and their pregnancies because it helps them see their health in a different light. Your opinion will also help provide information about how best to help pregnant women and how to improve the KY-Moms MATR program, and may also help obtain future funding for the program.

DO I HAVE TO TAKE PART IN THIS STUDY?

If you decide to take part in this follow-up study, it should be because you really want to volunteer.

IF I DON'T WANT TO TAKE PART IN THE STUDY, ARE THERE OTHER CHOICES?

If you do not want to take part in the follow-up study, there are no other choices except to not participate.

WHAT WILL IT COST ME TO TAKE PART IN THIS STUDY?

You will not have any cost for participating in any part of this research study.

WHO WILL SEE THE INFORMATION THAT I GIVE?

Because of the steps we have taken to protect your privacy, the risk of unauthorized disclosure of information is minimal. Your information will be combined with information from other people taking part in the study. When we write about the study, we will write about the combined information we have gathered. You will not be identified in these written materials. When we publish the results of this study, we will keep your name and other identifying information private. Your counselor will ask for your social security number, but it will be encrypted to keep it secure and protected. This number will help us match all information clearly to your file; however, if you do not want to give us your social security number, you can still take part in the study. All information is stored in computers that are secure and under password protection. Files are encrypted to further protect your confidentiality, which means the data are scrambled so that only authorized viewers with a passkey are able to see it.

To further protect your information, we have a Certificate of Confidentiality from the US Department of Health and Human Services (DHHS). With this Certificate, the researchers cannot be forced to disclose information that may identify you, even by a court subpoena, in any federal, state, or local civil, criminal, administrative, legislative, or other proceeding. You should know, however, that we may provide information to appropriate individuals or agencies if harm to you, harm to others, or child abuse is disclosed to us. In addition, the agency funding this research (The Kentucky Division of Behavioral Health) and the staff of the University of Kentucky may also see your information if necessary.

WILL I RECEIVE ANY REWARDS FOR TAKING PART IN THIS STUDY?

You will receive \$20.00 for a completed follow-up interview at 6 months after you have given birth. In order to get the \$20.00 you must take part in the follow-up interview, and then payment will be mailed to you. If you are paid over \$600 in any year from various studies, the University of Kentucky has to report this as income to the IRS. There is no compensation for the intake interview.

WHAT IF I HAVE QUESTIONS?

Before you decide whether to participate in this follow-up study, please ask any questions that might come to mind now. Later, if you have questions about the study, you can contact the investigator, Professor TK Logan at 859-257-8248. If you have any questions about your rights as a volunteer in this research, contact the staff in the Office of Research Integrity at the University of Kentucky at 859-257-9428 or toll-free at 1-866-400-9428. You may also contact the Cabinet for Health and Family Services Institutional Review Board (CHFS-IRB) at 502-564-5497 ext. 4102. You can ask for a copy of this consent form to take with you if you wish to do so.

WHAT ELSE DO I NEED TO KNOW?

This study is funded by the Kentucky Division of Behavioral Health to better understand the effects of the KY-Moms MATR program.

By choosing the appropriate option below, the client agrees to being contact by telephone approximately 6 months after giving birth for a follow-up interview. At that time, a participant can decide again whether they do or do not want to participate in the follow-up interview.

- I agree to be contacted for participation in the research study.
- I do NOT agree to be contacted for participation in the research study.

If client answers “Do NOT agree”

Thank you for answering these questions. Your information helps improve prenatal services for other women in Kentucky like yourself.

If client answers “Agree”

Thank you for agreeing to let us get in touch with you in the future. This last section asks you about some information to help us contact you. Like all the rest of the responses you have just given, the locator information is stored encrypted in a password-protected file to which only approved study staff has access. We will only use this information to locate you in the future, and it will not be given to anyone else. One thing we will ask is whether we can contact someone you know (like your mother or grandmother) to reach you. If we do that, we will not tell that person anything except that you have been asked to take part in a **health program follow-up study**.

1. In order to make sure we are only talking to you at the follow-up please pick **two security questions** from the list below and provide responses you will remember about 6 months after your baby is born.

1. What is the name of your first pet? _____
2. What was the make/model of your first car? _____
3. In what city were you born? _____
4. What was the name of the last elementary school you attended? _____
5. What was your childhood nickname? _____
6. What is the name of your favorite childhood friend? _____

Please provide as much information as possible so that you can be contacted about 6 months after you have given birth for Part Two, the UK Health Follow-Up Study.

<u>2. Client's Contact Information</u>	
Client Maiden name or other associate name (Alias, nickname)	
Client's address number and street name	
Client's apartment number (if applicable)	
Client's city name	
Client's state name	
Client's zip code	
Home phone number (including area code)	
Cell phone number (including area code)	
Is this the client's address?	_____ Yes _____ No
If this is not the client's address, whose address is this? Name (First, Last)	
Relationship with the client	<input type="checkbox"/> Mother/Father <input type="checkbox"/> Sister/Brother <input type="checkbox"/> Spouse/partner/girlfriend/boyfriend <input type="checkbox"/> Ex-spouse/ex-partner/ex-girlfriend/ex-boyfriend <input type="checkbox"/> Grandmother/Grandfather <input type="checkbox"/> Child <input type="checkbox"/> Cousin <input type="checkbox"/> Aunt/Uncle <input type="checkbox"/> Mother In-law/Father In-law <input type="checkbox"/> Sister In-law/Brother In-law <input type="checkbox"/> Employer/Co-worker <input type="checkbox"/> Friend/Neighbor Other, please specify other relationship: <hr/>

Please provide the TWO best people who will always know where to find you. Mothers and female relatives tend to keep up with people really well. **Remember, the interviewers will NEVER reveal that you were in the KY Moms MATR program or give out any personal information other than that you agreed to be called for the UK Health Follow-up Study.**

4. Person 1

Next best address:	
First and last name	
Address number and street name	
Apartment number (if applicable)	
City name	
State name	
Zip code	
Home phone number (including area code)	
Cell phone number (including area code)	
Email address	
Relationship with the client (select one)	<input type="checkbox"/> Mother/Father <input type="checkbox"/> Sister/Brother <input type="checkbox"/> Spouse/partner/girlfriend/boyfriend <input type="checkbox"/> Ex-spouse/ex-partner/ex-girlfriend/ex-boyfriend <input type="checkbox"/> Grandmother/Grandfather <input type="checkbox"/> Child <input type="checkbox"/> Cousin <input type="checkbox"/> Aunt/Uncle <input type="checkbox"/> Mother In-law/Father In-law <input type="checkbox"/> Sister In-law/Brother In-law <input type="checkbox"/> Employer/Co-worker <input type="checkbox"/> Friend/Neighbor <input type="checkbox"/> Other: Specify other relationship: <hr/>

5. Person 2

Another contact address:	
First and last name	
Address number and street name	
Apartment number (if applicable)	
City name	
State name	
Zip code	
Home phone number (including area code)	
Cell phone number (including area code)	
Email address	
Relationship with the client (select one)	<input type="checkbox"/> Mother/Father <input type="checkbox"/> Sister/Brother <input type="checkbox"/> Spouse/partner/girlfriend/boyfriend <input type="checkbox"/> Ex-spouse/ex-partner/ex-girlfriend/ex-boyfriend <input type="checkbox"/> Grandmother/Grandfather <input type="checkbox"/> Child <input type="checkbox"/> Cousin <input type="checkbox"/> Aunt/Uncle <input type="checkbox"/> Mother In-law/Father In-law <input type="checkbox"/> Sister In-law/Brother In-law <input type="checkbox"/> Employer/Co-worker <input type="checkbox"/> Friend/Neighbor <input type="checkbox"/> Other: Specify other relationship: <hr/>

6. We may contact you by sending messages through Facebook messenger or some other social media platform. We would only use Facebook messenger or social media to contact you, or your listed contact person, to try to get in touch with you. We will not disclose any private information.

What is your Facebook name? _____

*Note: Messages would come from our study Facebook community page (Ukhfs Page (Health Follow Up Study) or Ukhfs K Page (Kentucky Health Follow Up)). We may send you a friend request from our page, however your Facebook friends may be able to see this activity. If you decide to not follow our page, please check your messenger junk folder for messages from our study team. Additionally, we advise you not to disclose any private information in Facebook messages that you send to us.

Privacy disclaimer: We will not share your private information, however all communication using Facebook messenger is subject to Facebook's privacy and data policies. Facebook collects content and other information messaged or communicated with others. This can include information in or about the content you provide, such as the location of a photo or the date a file was created. More information can be found at www.facebook.com/about/privacy/

7. What is the best email address to reach you? _____

7a. Other email address to reach you? _____

8. What is the best way to reach you (check all that apply)?

- Text message Phone call Email Facebook Work

9. If work is a good place to contact you please provide your work contact information:

Company/Agency name	
Office or Unit Number	
Company/Agency Phone number	

10. If one year from now, someone owed you \$1000 and your phone number and address had changed, how would that person find you to give it to you?

**Thank you for answering these questions.
Your information helps improve prenatal services for women in Kentucky.**