POSITIVE OUTCOMES FOR

Kentucky Adults

After Substance Abuse Treatment

ADULT KENTUCKY TREATMENT OUTCOME STUDY FACT SHEET - 2018



entuckians benefit from substance abuse treatment in multiple ways: reducing their substance use, increasing their employment, reducing mental health problems, decreasing their involvement with the criminal justice system, and increasing their recovery supports. Below are treatment outcomes for a Kentucky statewide sample of 1,224 clients who participated in publicly-funded substance abuse treatment from July 2015 through June 2016 and then completed a follow-up interview about 12 months later.





Using national estimates of the cost of substance abuse and applying them to clients' substance use before and after program participation, there was an estimated \$3.46 return in cost savings for every dollar spent on providing treatment services.

"It was a terrific program. The staff not only helped with addiction, but also provided help in seeing the mental addiction that comes along as well."

KTOS FOLLOW-UP CLIENT

^a Because being in a controlled environment inhibits opportunities for alcohol and drug use, clients who were incarcerated all 365 days before entering treatment were not included in the substance use analysis (n = 17). In addition, 13 cases were excluded because either the interviewer skipped the question (n = 9) or the client didn't know (n = 4).

^b Misuse of opioids other than heroin, including prescription opiates, methadone, and buprenorphine-naloxone.

For more information about KTOS contact Maggie Schroeder at the Department of Behavioral Health, Developmental and Intellectual Disabilities (502-564-4456) Report prepared by the University of Kentucky Center on Drug and Alcohol Research. Findings from the full report can be downloaded from: cdar.uky.edu/ktos Suggested citation: Logan, T., Scrivner, A., Cole, J., & Miller, J. (2018).*Adult Kentucky Treatment Outcome Study 2018 Fact Sheet*. Lexington, KY: University of Kentucky, Center on Drug and Alcohol Research.