

Opiate Treatment Programs Yield Positive Outcomes

KENTUCKY OPIOID REPLACEMENT TREATMENT PROGRAM OUTCOME STUDY FACT SHEET - 2022

This fact sheet summarizes client outcomes from 6 of Kentucky's OTPs for 21 clients who completed an intake interview between January 1, 2020 and December 31, 2020, agreed to do the follow-up about 6 months later, were still involved in the treatment clinic at follow-up, and completed a follow-up interview between July 1, 2020 and June 30, 2021. Results indicate that clients in Kentucky benefit from OTPs in multiple ways: reductions in their substance use, reductions in mental health problems, improvements in employment status, reductions in criminal justice system involvement and increases in recovery supports.

SIGNIFICANT REDUCTIONS IN PAST-6-MONTH Substance Use and Mental Health Problems



REPORTED ANY
ILLEGAL DRUG USE

100% | **62%**
at intake | at follow-up



REPORTED PRESCRIPTION
OPIOID MISUSE***¹

52% | **5%**
at intake | at follow-up



REPORTED HEROIN
USE**

71% | **38%**
at intake | at follow-up



REPORTED NON-
OPIOID DRUG USE***²

86% | **38%**
at intake | at follow-up



MET STUDY
CRITERIA FOR
DEPRESSION***

67% | **14%**
at intake | at follow-up



MET STUDY
CRITERIA FOR
ANXIETY***

71% | **19%**
at intake | at follow-up



MET STUDY CRITERIA
FOR COMORBID
DEPRESSION AND
ANXIETY***

67% | **10%**
at intake | at follow-up



USED SUBSTANCES
TO REDUCE STRESS,
ANXIETY, WORRY,
SADNESS, FEAR***

81% | **24%**
at intake | at follow-up

IMPROVEMENTS IN PAST-6-MONTH Economic Indicators



CURRENTLY
EMPLOYED FULL-TIME

38% | **43%**
at intake | at follow-up



ATTENDED OR COMPLETED
VOCATIONAL SCHOOL,
COLLEGE, OR GRADUATE
SCHOOL

45% | **55%**
at intake | at follow-up



REPORTED DIFFICULTY
MEETING BASIC LIVING
NEEDS

48% | **48%**
at intake | at follow-up



REPORTED DIFFICULTY
MEETING HEALTH CARE
NEEDS

48% | **29%**
at intake | at follow-up

SIGNIFICANT IMPROVEMENTS IN PAST-6-MONTH Criminal Justice Involvement, Victimization, and Recovery Supports



REPORTED ANY
ARREST

5% | **10%**
at intake | at follow-up



REPORTED
INTERPERSONAL
VICTIMIZATION³

10% | **0%**
at intake | at follow-up



AVERAGE NUMBER OF
RECOVERY SUPPORT
PERSONS***

3.8 | **8.0**
at intake | at follow-up

I am a chronic relapser and I have tried other programs, This is my fifth time in treatment and nothing else has ever worked. It has been 100% no using and no relapse since I have started this program.

KORTOS FOLLOW-UP CLIENTS

¹ Including opioids such as morphine, Percocet, Oxycontin, Lortab.

² Drugs in this category include marijuana, cocaine, amphetamines, tranquilizers, hallucinogens, inhalants, barbiturates, and synthetic drugs like synthetic marijuana or bath salts.

³ Including when they may have been the victim of a crime, harmed by someone else, or felt unsafe. Statistical significance could not be computed because one of the cells in the McNemar crosstab had a value of zero.