

Positive Outcomes for Kentucky Youth After Substance Abuse Treatment

ADOLESCENT KENTUCKY TREATMENT OUTCOME STUDY FACT SHEET | 2022

AKTOS examines treatment outcomes for youth (ages 12-17) who receive publicly funded substance abuse treatment in Community Mental Health Centers in Kentucky. Results for this study included data on 52 adolescent clients who attended publicly-funded substance abuse treatment programs in Kentucky in FY 2019 and FY 2020 and then completed a follow-up survey approximately 12 months later in FY 2020 and FY 2021 (an average of 355.3 days).

SIGNIFICANT REDUCTIONS IN PAST 12-MONTH Substance Use



REPORTED ANY
ILLEGAL DRUG USE***

92% at intake | **27%** at follow-up



REPORTED
MARIJUANA USE***

92% at intake | **25%** at follow-up



REPORTED SMOKING
TOBACCO*

64% at intake | **46%** at follow-up



REPORTED ALCOHOL
USE**

56% at intake | **31%** at follow-up

SIGNIFICANT IMPROVEMENTS IN School Performance



REPORTED AVERAGE
GPA**

2.0 at intake | **2.9** at follow-up



REPORTED AVERAGE
NUMBER OF SCHOOL
ABSENCES**

13.8 at intake | **2.4** at follow-up



REPORTED DETENTION,
SUSPENSION,
EXPULSION**

41% at intake | **9%** at follow-up

SIGNIFICANT REDUCTIONS IN PAST-12-MONTH Criminal Justice Involvement



REPORTED ANY
ARREST**

39% at intake | **14%** at follow-up



REPORTED
INCARCERATION*

31% at intake | **15%** at follow-up



REPORTED BEING UNDER
CRIMINAL JUSTICE
SUPERVISION***

56% at intake | **23%** at follow-up

At follow-up, clients were asked to rate their experience with the treatment program on a scale of 0 = "worst experience" to 10 = "best experience"



8.1
average rating

"When I was in there I was going down a bad road, they gave me a different state of mind."

- AKTOS FOLLOW-UP CLIENT

*p < .05, **p < .01, ***p < .001.