Adolescent Substance Abuse Treatment Clients at Intake

ADOLESCENT KENTUCKY TREATMENT OUTCOME STUDY INTAKE FACT SHEET | 2022

This fact sheet summarizes characteristics reported by 300 clients who participated in the Adolescent Kentucky Treatment Outcome Study (AKTOS) and completed an intake assessment in FY 2019 and FY 2020.

GENDER

RACE

AGE

LIVING SITUATION

REFERRED BY

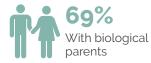




81%White/
Caucasian



Average age (range 12-17)









99% Attended school





Average hours per day

TOP THREE ACTIVITIES CLIENTS SPENT THE MOST TIME ENGAGED IN (EXCLUDING SCHOOL/WORK)



40/o
Hanging out
with peers



44% Watching TV



37%
On computer/
playing video
games

Risk Factors at Intake

SUBSTANCE USE 12 MONTHS BEFORE PROGRAM ENTRY*



93% Illegal drugs



64% Smoking tobacco





57%Alcohol use

POLYSUBSTANCE USE¹



Reported using at least 2 drug classes

MENTAL HEALTH 12 MONTHS BEFORE PROGRAM ENTRY



Met study criteria for attention deficit problems



Met study criteria for internalizing problems



35% Met study criteria for disordered eating



Experienced suicidal ideation or attempts

ADVERSE CHILDHOOD EXPERIENCES

7% o ACE

43% 1-3 ACE

37%

14% 7-10 ACE

3.7 Average ACE

CRIMINAL JUSTICE INVOLVEMENT IN THE 12 MONTHS BEFORE PROGRAM ENTRY



33%
Arrested and charged with an offense



25%
Had been incarcerated



53% Under supervision by the justice system

¹ The drug classes examined were (1) Marijuana/cannabis, (2) Prescription opioids, (3) Buprenorphine, (4) Methadone, (5) Heroin, (6) Tranquilizers/sedatives/benzodiazepines, (7) Stimulants, (8) Cocaine, (9) Hallucinogens, (10) Inhalants, (11) Synthetic drugs, and (12) Barbiturates.



^{*} Among clients who were not in a controlled environment all 365 days before intake.