

# Opioid Treatment Programs Yield Positive Outcomes

KENTUCKY OPIOID REPLACEMENT TREATMENT PROGRAM OUTCOME STUDY FACT SHEET - 2024

This fact sheet summarizes client outcomes from Kentucky's OTPs for 15 clients who completed an intake interview between January 1, 2022 and December 31, 2022, agreed to do the follow-up about 6 months later, and completed a follow-up interview between July 1, 2022 and June 30, 2023. Results indicate that clients in Kentucky benefit from OTPs in multiple ways: reductions in their substance use, reductions in mental health problems, improvements in employment status, reductions in criminal justice system involvement and increases in recovery supports.

## REDUCTIONS IN PAST-6-MONTH Substance Use, Mental and Physical Health



REPORTED ANY ILLICIT DRUG USE

**100%** | **47%**  
at intake | at follow-up



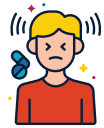
REPORTED PRESCRIPTION OPIOID MISUSE<sup>\*\*1</sup>

**80%** | **7%**  
at intake | at follow-up



REPORTED NON-OPIOID DRUG USE<sup>\*\*2</sup>

**80%** | **40%**  
at intake | at follow-up



MET CRITERIA FOR SEVERE SUBSTANCE USE DISORDER<sup>\*\*\*</sup>

**93%** | **7%**  
at intake | at follow-up



MET STUDY CRITERIA FOR DEPRESSION\*

**73%** | **33%**  
at intake | at follow-up



MET STUDY CRITERIA FOR GENERALIZED ANXIETY<sup>\*\*\*</sup>

**87%** | **33%**  
at intake | at follow-up



AVERAGE DAYS MENTAL HEALTH WAS NOT GOOD<sup>\*\*\*</sup>

**18.3** | **4.7**  
at intake | at follow-up



AVERAGE DAYS PHYSICAL HEALTH WAS NOT GOOD<sup>\*\*</sup>

**12.8** | **4.3**  
at intake | at follow-up

## CHANGES IN PAST-6-MONTH Economic Indicators



CURRENTLY EMPLOYED FULL-TIME

**27%** | **33%**  
at intake | at follow-up



ATTENDED/COMPLETED VOCATIONAL SCHOOL, COLLEGE, OR GRADUATE SCHOOL

**46%** | **55%**  
at intake | at follow-up



REPORTED DIFFICULTY MEETING BASIC LIVING NEEDS

**40%** | **47%**  
at intake | at follow-up

## CHANGES IN PAST-6-MONTH

## Criminal Justice Involvement, Quality of Life, and Recovery Supports



REPORTED ANY ARREST

**20%** | **13%**  
at intake | at follow-up



AVERAGE QUALITY OF LIFE RATING<sup>\*\*\*</sup>

(1 = 'Worst imaginable' to 10 = 'Best imaginable')

**3.5** | **8.3**  
at intake | at follow-up



AVERAGE NUMBER OF RECOVERY SUPPORT PERSONS

**4.2** | **11.6**  
at intake | at follow-up



ALL POSITIVE RECOVERY DIMENSIONS

**0%** | **47%**  
at intake | at follow-up

\*p < .10, \*\*p < .05, \*\*\*p < .01.

<sup>1</sup> Including opioids such as morphine, Percocet, Oxycontin, Lortab.

<sup>2</sup> Drugs in this category include marijuana, cocaine, amphetamines, tranquilizers, hallucinogens, inhalants, barbiturates, and synthetic drugs like synthetic marijuana or bath salts.