This fact sheet summarizes characteristics reported by 2,047 clients who participated in the Recovery Center Outcome Study and completed an intake assessment between July 2016 and June 2017.

**GENDER**
- **59%** Male

**RACE**
- **91%** White/Caucasian

**AGE**
- **34** average age (range 18-73)

**EDUCATION**
- **19%** Less than high school diploma/GED

**EMPLOYMENT**
- **52%** Unemployed

### Risk Factors at Intake

**SUBSTANCE USE 6 MONTHS BEFORE PROGRAM ENTRY**
- **88%** Illegal drug use
- **51%** Alcohol use
- **84%** Cigarette use
- **13.6** average age client had first drink (other than a few sips)
- **15.7** average age client used illegal drugs

*Among clients who were not in a controlled environment all 180 days before intake*

**ADVERSE CHILDHOOD EXPERIENCES (ACE)**
- **15%** None
- **37%** 1 - 3 ACEs
- **28%** 4 - 6 ACEs
- **18%** 7 - 9 ACEs
- **2%** 10 ACEs

**MENTAL HEALTH 6 MONTHS BEFORE PROGRAM ENTRY**
- **66%** Met study criteria for depression
- **74%** Met study criteria for anxiety
- **30%** Reported suicidal thoughts or attempts
- **28%** Had PTSD scores that indicated risk of PTSD

**CRIMINAL JUSTICE INVOLVEMENT 6 MONTHS BEFORE PROGRAM ENTRY**
- **59%** Arrested at least one time
- **77%** Incarcerated at least one night
- **75%** Under criminal justice supervision

For more information about Recovery Kentucky contact Mike Townsend at the Kentucky Housing Corporation (502-564-7630)