Recovery Kentucky was created to help Kentuckians recover from substance abuse, which often leads to chronic homelessness. Fifteen of the currently established Recovery Kentucky programs participated in the Recovery Center Outcome Study between July 2015 and June 2016 and 12-month follow-up survey between July 2016 and June 2017.

**Significant Reductions in Past-6-Month Substance Use and Mental Health Problems**

**ANY ILLEGAL DRUG USE**
- 83% of clients reported any illegal drug use at intake
- 5% of clients reported any illegal drug use at follow-up

**OPIOID USE**
- 63% of clients reported opioid misuse at intake
- 2% of clients reported opioid misuse at follow-up

**Depression**
- 66% meeting study criteria at intake
  - 11% at follow-up

**Anxiety**
- 74% meeting study criteria at intake
  - 9% at follow-up

**Substances**
- 38% meeting study criteria at intake

**Economic Indicators**

**Currently Homeless**
- 38% at intake
  - 2% at follow-up

**Meeting Basic Living Needs**
- 50% at intake
  - 18% at follow-up

**Meeting Health Care Needs**
- 29% at intake
  - 5% at follow-up

**Increases in Past-30-Day Recovery Supports**

- 42% reported attending mutual help recovery group meetings in the past 30 days at intake
- 88% reported attending mutual help recovery group meetings in the past 30 days at follow-up

Using national estimates of the cost of substance abuse and applying them to clients’ substance use before and after program participation, there was an estimated $2.60 return in avoided costs for every dollar invested in providing recovery services.

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1. Currently, there are 17 Recovery Kentucky centers operating across the Commonwealth.
2. Misuse of opioids other than heroin, including prescription opiates, methadone, and buprenorphine.
3. Includes alcohol, prescription drugs, and illegal drugs.

For more information about Recovery Kentucky contact Mike Townsend at the Kentucky Housing Corporation (502-564-7630)