## POSITIVE OUTCOMES FOR RECOVERY KENTUCKY CL

RECOVERY CENTER OUTCOME STUDY FACT SHEET - 2018



Recovery Kentucky was created to help Kentuckians recover from substance abuse, which often leads to chronic homelessness. Fifteen of the currently established Recovery Kentucky programs<sup>1</sup> participated in the Recovery Center Outcome Study between July 2015 and June 2016 and 12-month follow-up survey between July 2016 and June 2017.

SIGNIFICANT REDUCTIONS IN PAST-6-MONTH

## SUBSTANCE USE AND MENTAL HEALTH PROBLEMS

ANY ILLEGAL DRUG USE

clients reported any illegal drug use

at intake

of clients reported any illegal drug use at follow-up

**OPIOID USE** 



reported opioid<sup>2</sup> misuse at intake



of clients reported opioid<sup>2</sup> misuse at follow-up



Clients meeting study criteria for **DEPRESSION**  at follow-up



Clients meeting study criteria for

**ANXIETY** 



at follow-up



at intake Clients reporting

any use of **SUBSTANCES**<sup>3</sup> to manage stress

at follow-up

SIGNIFICANT REDUCTIONS IN PAST-6-MONTH

## **ECONOMIC INDICATORS**



**CURRENTLY HOMELESS** 

at intake

at follow-up



Clients reporting difficulty

**MEETING BASIC** LIVING NEEDS

at intake at follow-up



at intake

Clients reporting difficulty

**CARE NEEDS** 

MEETING HEALTH

at follow-up

INCREASES IN PAST-30-DAY

## **RECOVERY SUPPORTS**

reported attending mutual



reported attending mutual help recovery group meetings in the past 30 days at follow-up

**ESTIMATED** RETURN FOR EACH **DOLLAR INVESTED** 

Using national estimates of the cost of substance abuse and applying them to clients' substance use before and after program participation, there was an estimated \$2.60 return in avoided costs for every dollar invested in providing recovery services.



<sup>&</sup>lt;sup>1</sup> Currently, there are 17 Recovery Kentucky centers operating across the Commonwealth.

<sup>&</sup>lt;sup>2</sup> Misuse of opioids other than heroin, including prescription opiates, methadone, and buprenorphine.

<sup>&</sup>lt;sup>3</sup> Includes alcohol, prescription drugs, and illegal drugs.