In increases in past-30 day recovery supports decreases past-6 month criminal justice involvement

Positive outcomes for recovery kentucky clients
Recovery Kentucky was created to help Kentuckians recover from substance abuse, which often leads to chronic homelessness. Fourteen of the currently established Recovery Kentucky programs1 participated in the Recovery Center Outcome Study between July 2014 and June 2015.

Significant reductions in past-6-month substance use
- 86% of clients reported any illegal drug use at intake, 12% reported at follow-up
- 44% of clients reported any heroin use at intake, 6% at follow-up
- 62% of clients reported any alcohol use at intake, 11% at follow-up

Decreases in current homelessness
- 38% of clients reported being homeless at intake, 2% at follow-up

Increases in past-30 day recovery supports
- 34% of clients attended recovery group meetings at intake
- 86% of clients attended recovery group meetings at follow-up

Decreases past-6-month criminal justice involvement
- 52% of clients reported at least one arrest at intake, 1% at follow-up
- 69% of clients reported being incarcerated at intake, 11% at follow-up

Using national estimates of the cost of substance abuse and applying them to clients’ substance use before and after program participation, there was an estimated $2.71 return in avoided costs for every dollar invested in providing recovery services.

“It gave me a fresh look on life and the defects about myself. I can now identify with my feelings”
- Quote from RCOS Follow-up Interview Client

For more information about Recovery Kentucky contact Mike Townsend at the Kentucky Housing Corporation (502-564-7630)


1 Currently, there are 17 Recovery Kentucky centers operating across the Commonwealth.