

Positive Outcomes for Kentuckians in Recovery

RECOVERY CENTER OUTCOME STUDY FACT SHEET - FEBRUARY 2013

Recovery Centers help people recover from addiction, gain control over their lives, and transition to permanent housing.

"My life is worth living and my kids need a sober mom"

"Learned about myself, learned to cope with the world, learned to say 'no'"

-Quotes from RCOS Follow-up Interview Clients



Decrease in percentage of adults who reported any past 30 day substance use after

Phase 1 of the program



Improved economic status

↑79%

Clients reported working a greater estimated average number of months at follow-up

Clients reported working at least part-time an average of 3 months in the past 12 months at intake. At follow-up, clients reported working at least part-time an estimated average of 5 months out of a projected 12 month period. This is a 79% increase in the estimated average number of months worked.

Fewer homeless individuals

↓80%

Decrease in homelessness

At intake, 39% of clients reported homelessness and at follow-up, this percentage had dropped by 80% to just 8% reporting homelessness

Improved recovery supports

↑110%

Significant increase in percentage of clients attending recovery meetings

An increase in client use of mutual-help recovery groups like alcoholics anonymous (AA) or narcotics anonymous (NA) was found at follow-up

Less involvement with the criminal justice system

↓88%

Decrease in arrests

The number of individuals who reported being arrested decreased significantly from intake to follow-up

↓88%

Decrease in incarceration

The number of individuals who reported spending time in jail or prison decreased significantly from intake to follow-up

Decreased percentage of clients meeting DSM criteria for depression and anxiety



Recovery Centers save Kentucky taxpayers money

\$3.73

Cost-savings for taxpayers

Using national cost estimates on substance abuse, it is estimated that for every dollar spent on recovery services, there was a \$3.73 return in costs that would have been incurred based on substance use before Recovery Center participation.

"There is hope."

-Quote from RCOS Follow-up Interview Client