Positive Outcomes for Kentuckians in Recovery

Recovery Centers help people recover from addiction, gain control over their lives, and transition to permanent housing.

“My life is worth living and my kids need a sober mom”
“Learned about myself, learned to cope with the world, learned to say ‘no’”

-Quotes from RCOS Follow-up Interview Clients

Decrease in percentage of adults who reported any past 30 day substance use after Phase 1 of the program

83% Decrease in alcohol use
94% Decrease in prescription opiate misuse
94% Decrease in other illicit drug use

Improved economic status

79% Increase in estimated average number of months worked

Fewer homeless individuals

Decrease in homelessness

80%

Improved recovery supports

110% Significant increase in percentage of clients attending recovery meetings

Less involvement with the criminal justice system

88% Decrease in arrests
88% Decrease in incarceration

Decreased percentage of clients meeting DSM criteria for depression and anxiety

83% Decrease in depression
54% Decrease in generalized anxiety
83% Decrease in co-morbidity

Recovery Centers save Kentucky taxpayers money

$3.73 Cost-savings for taxpayers

Using national cost estimates on substance abuse, it is estimated that for every dollar spent on recovery services, there was a $3.73 return in costs that would have been incurred based on substance use before Recovery Center participation.

“There is hope.”

-Quote from RCOS Follow-up Interview Client