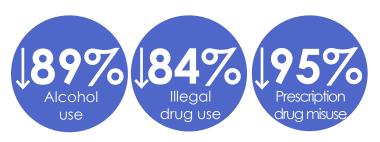
Positive Outcomes for Kentuckians in Recovery

RECOVERY CENTER OUTCOME STUDY FACT SHEET - JULY 2012

Recovery Kentucky announced its plan for Recovery Centers as an initiative to help Kentuckians recover from substance abuse and dependence - problems that often lead to chronic homelessness. The Recovery Centers help people recover from addiction, gain control over their lives, and eventually reside in permanent housing.



Adults who participated in the Recovery Centers program significantly reduced their substance use after Phase 1 of the program



"They didn't just say they cared, they showed it" [RCOS Follow-up Interview Client Quote]

<u>Improved economic status</u> after treatment

53%

Clients employed at follow-up

During Phase I and Phase II of recovery, clients may not be employed. However, 12 months later at follow-up, over half of clients reported already being gainfully employed

Stable living situation after treatment

76%

Clients employed at follow-up

The majority of recovery client maintained stable housing arrangements from baseline to follow-up

"[Recovery Centers] Helped me completely change my life. The things I have going for me now are unbelievable."

[RCOS Follow-up Interview Client Quote]

Improved recovery supports

Significant increase in percent of clients attending self-help meetings

An increase in client use of mutual-help recovery groups like alcoholics anonymous (AA) or narcotics anonymous (NA) was found at follow-up

RCOS clients were <u>less involved with the</u> criminal justice system at follow-up

184%Regregate in greate

The number of individuals who reported being arrested decreased significantly from baseline to follow-up

185%

Decrease in incarceration

The number of individuals who reported spending time in jail or prison decreased significantly from baseline to follow-up

Providing recovery services for individual clients <u>saves Kentucky taxpayers</u> money

Using cost estimates from the U.S. Office of Drug Control Policy, data from this sample suggest cost-savings to taxpayers associated with participation in Recovery Centers

\$2.92

Cost-savings for taxpayers

For every dollar spent on recovery services, there was a \$2.92 return in avoided costs

