Positive Outcomes for Kentuckians in Recovery

Recovery Kentucky announced its plan for Recovery Centers as an initiative to help Kentuckians recover from substance abuse and dependence - problems that often lead to chronic homelessness. The Recovery Centers help people recover from addiction, gain control over their lives, and eventually reside in permanent housing.

Adults who participated in the Recovery Centers program significantly reduced their substance use after Phase 1 of the program:

- 89% decrease in alcohol use
- 84% decrease in illegal drug use
- 95% decrease in prescription drug misuse

“[They didn’t just say they cared, they showed it]”
[RCOS Follow-up Interview Client Quote]

Improved recovery supports:

- 79% increase in percent of clients attending self-help meetings

RCOS clients were less involved with the criminal justice system at follow-up:

- 84% decrease in arrests
- 85% decrease in incarceration

“[Recovery Centers] Helped me completely change my life. The things I have going for me now are unbelievable.”
[RCOS Follow-up Interview Client Quote]

Improved economic status after treatment:

- 53% of clients employed at follow-up

Stable living situation after treatment:

- 76% of clients maintained stable housing arrangements from baseline to follow-up

“[Recovery Centers] Helped me completely change my life. The things I have going for me now are unbelievable.”
[RCOS Follow-up Interview Client Quote]

Providing recovery services for individual clients saves Kentucky taxpayers money:

Using cost estimates from the U.S. Office of Drug Control Policy, data from this sample suggest cost-savings to taxpayers associated with participation in Recovery Centers:

$2.92 cost-savings for taxpayers

For every dollar spent on recovery services, there was a $2.92 return in avoided costs.

Report prepared by the University of Kentucky Center on Drug and Alcohol Research
Findings from the full report can be downloaded from: cdar.uky.edu/rcos