

# Positive Outcomes for Kentuckians in Recovery

RECOVERY CENTER OUTCOME STUDY FACT SHEET - JULY 2012

Recovery Kentucky announced its plan for Recovery Centers as an initiative to help Kentuckians recover from substance abuse and dependence - problems that often lead to chronic homelessness. The Recovery Centers help people recover from addiction, gain control over their lives, and eventually reside in permanent housing.



**Adults who participated in the Recovery Centers program significantly reduced their substance use** after Phase 1 of the program



*"They didn't just say they cared, they showed it"*  
[RCOS Follow-up Interview Client Quote]

**Improved economic status after treatment**

**53%** Clients employed at follow-up

During Phase I and Phase II of recovery, clients may not be employed. However, 12 months later at follow-up, over half of clients reported already being gainfully employed

**Stable living situation after treatment**

**76%** Clients employed at follow-up

The majority of recovery client maintained stable housing arrangements from baseline to follow-up

*"[Recovery Centers] Helped me completely change my life. The things I have going for me now are unbelievable."*  
[RCOS Follow-up Interview Client Quote]

**Improved recovery supports**

**↑79%**  
Significant increase in percent of clients attending self-help meetings

An increase in client use of mutual-help recovery groups like alcoholics anonymous (AA) or narcotics anonymous (NA) was found at follow-up

**RCOS clients were less involved with the criminal justice system at follow-up**

**↓84%**  
Decrease in arrests

The number of individuals who reported being arrested decreased significantly from baseline to follow-up

**↓85%**  
Decrease in incarceration

The number of individuals who reported spending time in jail or prison decreased significantly from baseline to follow-up

**Providing recovery services for individual clients saves Kentucky taxpayers money**

Using cost estimates from the U.S. Office of Drug Control Policy, data from this sample suggest cost-savings to taxpayers associated with participation in Recovery Centers

**\$2.92**  
Cost-savings for taxpayers

For every dollar spent on recovery services, there was a \$2.92 return in avoided costs