Who is Served by the KY-Moms MATR Program?  
A Snapshot of Pregnant Clients at Baseline

This fact sheet summarizes characteristics reported by 177 pregnant women in the KY-Moms MATR program who completed an baseline assessment between June 2016 and December 2017.

<table>
<thead>
<tr>
<th>RACE</th>
<th>AGE</th>
<th>MARITAL STATUS</th>
<th>EDUCATION</th>
<th>EMPLOYMENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>88% White/Caucasian</td>
<td>26 average age (range 15-47)</td>
<td>60% Married/ Cohabiting</td>
<td>75% At least a high school diploma/GED</td>
<td>72% Unemployed</td>
</tr>
</tbody>
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<th>AVERAGE WEEKS PREGNANT</th>
<th>PREGNANCY UNPLANNED</th>
<th>PRENATAL DOCTOR VISITS</th>
<th>PLAN TO BREASTFEED</th>
<th>PREGNANT PREVIOUSLY</th>
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<td>23 average weeks (range 7-40)</td>
<td>80% unplanned pregnancy</td>
<td>6.3 average prenatal visits (range 0-33)</td>
<td>57% planned to breastfeed</td>
<td>74% previously pregnant</td>
</tr>
</tbody>
</table>

Risk Factors at Baseline

**SUBSTANCE USE 6 MONTHS BEFORE PREGNANCY**
- 74% Illegal drug use
- 18% Alcohol use
- 79% Cigarette use
- 15.5 average age client had first drink (other than a few sips)
- 15.9 average age client used illegal drugs

**ADVERSE CHILDHOOD EXPERIENCES (ACE)**
- 17% None
- 28% 1 - 3 ACEs
- 29% 4 - 6 ACEs
- 21% 7 - 9 ACEs
- 5% 10 ACEs

**MENTAL HEALTH 6 MONTHS BEFORE PREGNANCY**
- 45% Met study criteria for depression
- 43% Met study criteria for anxiety
- 31% Met study criteria for co-morbid depression & anxiety

**INTIMATE PARTNER VIOLENCE 6 MONTHS BEFORE PREGNANCY**
- 32% Reported any type of intimate partner violence