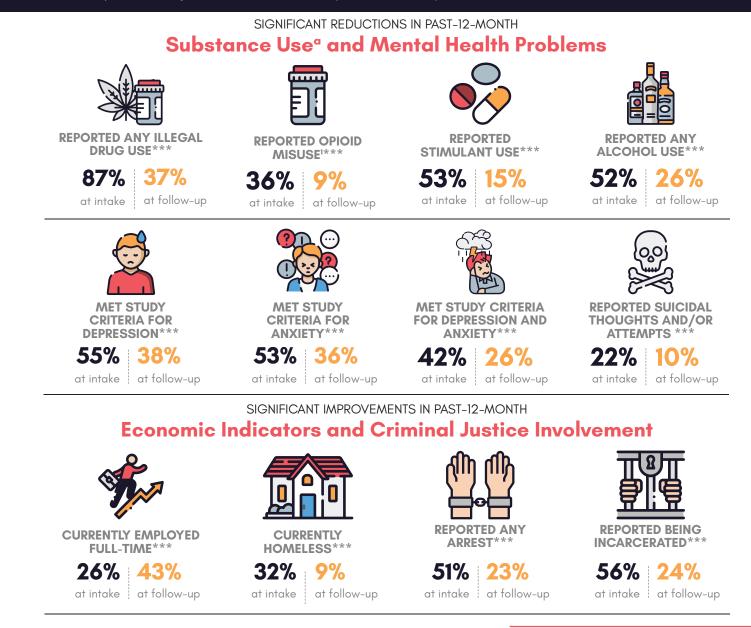
## **Positive Outcomes for Kentucky Adults After Treatment**

ADULT KENTUCKY TREATMENT OUTCOME STUDY FACT SHEET - 2023

Kentuckians benefit from substance abuse treatment in multiple ways: reducing their substance use, increasing their employment, reducing mental health problems, decreasing their involvement with the criminal justice system, and increasing their recovery supports. Below are treatment outcomes for a Kentucky statewide sample of 569 clients who participated in publicly-funded substance abuse treatment from July 2020 through June 2021 and then completed a follow-up interview about 12 months later.





Using national estimates of the cost of substance abuse and applying them to clients' substance use before and after program participation, there was an estimated \$4.11 return in cost savings for every dollar spent on providing treatment services. "Helped me get off drugs and alcohol and taught me better financial ways to be on my own. I tell other people about this program because it helped me."

- KTOS FOLLOW-UP CLIENT

\*\*\*p < .001.

<sup>a</sup> Because being in a controlled environment inhibits opportunities for alcohol and drug use, cases were excluded from this analysis for the following reasons: they were incarcerated all 365 days before entering treatment (n = 14) and they had missing values for the number of days incarcerated in the 12 months before follow-up (n = 1).months before follow-up (n = 2).

<sup>b</sup> Misuse of opioids other than heroin, including prescription opiates, methadone, and buprenorphine-naloxone.

For more information about KTOS contact Maggie Schroeder at the Department of Behavioral Health, Developmental and Intellectual Disabilities (502-564-4456) Report prepared by the University of Kentucky Center on Drug and Alcohol Research. Findings from the full report can be downloaded from: cdar.uky.edu/ktos Suggested citation: Cole, J., Logan, T., White, A., & Scrivner, A. (2023). Adult Kentucky Treatment Outcome Study 2023 Fact Sheet. Lexington, KY: University of Kentucky, Center on Drug and Alcohol Research.