

## POSITIVE OUTCOMES FOR

# Kentucky Adults After Substance Abuse Treatment

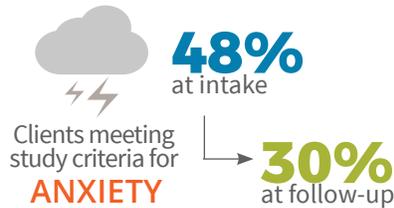
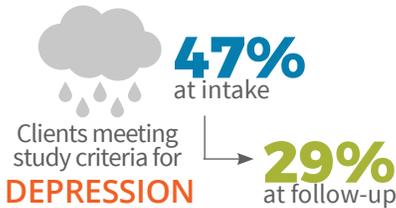
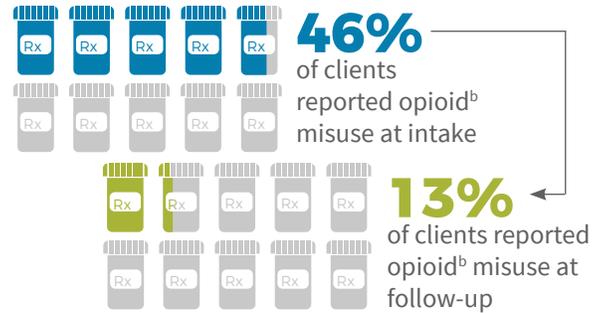
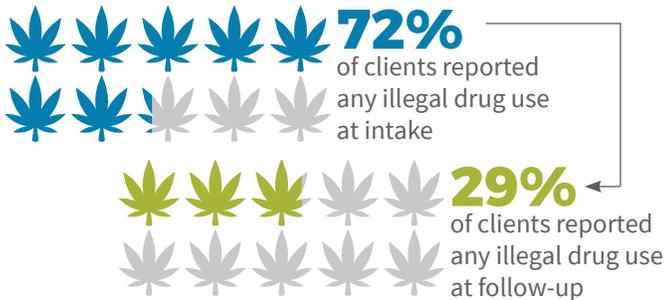
ADULT KENTUCKY TREATMENT OUTCOME STUDY FACT SHEET - 2017



Kentuckians benefit from substance abuse treatment in multiple ways: reducing their substance use, increasing their employment, reducing mental health problems, decreasing their involvement with the criminal justice system, and increasing their recovery supports. Below are treatment outcomes for a Kentucky statewide sample of 1,274 adults who participated in publicly-funded substance abuse treatment from July 2014 through June 2015 and then completed a follow-up interview about 12 months later.

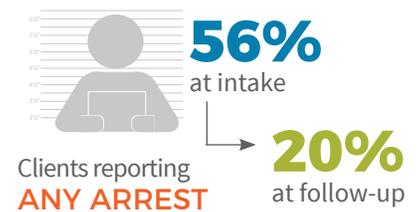
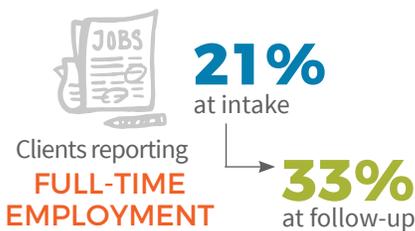
### SIGNIFICANT REDUCTIONS IN PAST-12-MONTH

## Substance Use<sup>a</sup> and Mental Health Problems



### SIGNIFICANT IMPROVEMENTS IN PAST-12-MONTH

## Economic Indicators and Criminal Justice Involvement



**\$4.02**  
ESTIMATED  
COST-SAVINGS  
FOR TAXPAYERS

Using national estimates of the cost of substance abuse and applying them to clients' substance use before and after program participation, there was an estimated \$4.02 return in cost savings for every dollar spent on providing treatment services.

*"My counselor saved my life. She really understood and cared a lot about me. She was really important to my sobriety."*

— KTOS FOLLOW-UP CLIENT

<sup>a</sup> Because being in a controlled environment inhibits opportunities for alcohol and drug use, clients who were incarcerated all 365 days before entering treatment were not included in the substance use analysis (n = 17).

<sup>b</sup> Misuse of opioids other than heroin, including prescription opiates, methadone, and buprenorphine-naloxone.