## **Opioid Treatment Programs Yield Positive Outcomes**

KENTUCKY OPIOID REPLACEMENT TREATMENT PROGRAM OUTCOME STUDY FACT SHEET - 2019

This fact sheet summarizes client outcomes from 17 of Kentucky's OTPs for 243 clients who completed both an intake interview between January 1, 2017 and December 31, 2017 and a six-month follow-up interview targeted between July 1, 2017 and June 30, 2018. Results indicate that clients in Kentucky benefit from OTPs in multiple ways: reductions in their substance use, reductions in mental health problems, improvements in employment status, reductions in criminal justice system involvement and increases in recovery supports.

SIGNIFICANT REDUCTIONS IN PAST-6-MONTH

## Substance Use and Mental Health Problems



REPORTED ANY ILLEGAL DRUG USE

RX

REPORTED PRESCRIPTION OPIOID MISUSE<sup>1</sup>



REPORTED HEROIN USE



REPORTED NON-OPIOID DRUG USE<sup>2</sup>

97% at intake

49% at follow-up

**62%** at intake

15% at follow-up

at intake

21%

at follow-up

74%

32%

at intake at follow-up



MET STUDY CRITERIA FOR DEPRESSION

63% at intake

20% at follow-up



MET STUDY CRITERIA FOR ANXIETY

68% at intake

**22%** at follow-up



AVERAGE NUMBER OF DAYS MENTAL HEALTH WAS NOT GOOD

**15.5** at intake

at follow-up

M

REPORTED USE OF SUBSTANCES TO MANAGE STRESS<sup>5</sup>

92% at intake

at follow-up

SIGNIFICANT IMPROVEMENTS IN PAST-6-MONTH

## **Economic Indicators**



CURRENTLY EMPLOYED FULL-TIME

30% at intake

44% at follow-up



CURRENTLY HOMELESS

16%

at intake at follow-up



REPORTED DIFFICULTY
MEETING BASIC
LIVING NEEDS

46% at intake

33% at follow-up



REPORTED DIFFICULTY
MEETING HEALTH
CARE NEEDS

29% at intake

13% at follow-up

SIGNIFICANT IMPROVEMENTS IN PAST-6-MONTH

## Criminal Justice Involvement and Recovery Supports



REPORTED ANY ARREST

10% at intake

at follow-up



REPORTED BEING INCARCERATED

17% at intake

e at follow-up



REPORTED ATTENDING MUTUAL HELP RECOVERY MEETING IN THE PAST 30 DAYS

16% at intake

45% at follow-u

"The counselor was really wonderful and helped me through the process, I tried using methadone on my own before, but counselor really helped. I needed the counseling."

KORTOS FOLLOW-UP CLIENT

<sup>&</sup>lt;sup>1</sup> Including opioids such as morphine, Percocet, Oxycontin, Lortab.

<sup>&</sup>lt;sup>2</sup> Drugs in this category include marijuana, cocaine, amphetamines, tranquilizers, hallucinogens, inhalants, barbiturates, and synthetic drugs like synthetic marijuana or bath salts.

Suggested citation: Logan, TK, Scrivner, A., Cole, J., & Miller, J. (2019). Kentucky Opioid Replacement Treatment Program Outcome Study 2019 Fact Sheet. Lexington, KY: University of Kentucky, Center on Drug & Alcohol Research.