Kentuckians Seeking Treatment for Prescription Opioid Abuse Have Positive Outcomes with Opioid Treatment Programs

KENTUCKY OPIOID REPLACEMENT TREATMENT PROGRAM OUTCOME STUDY FACT SHEET – 2018

This fact sheet summarizes client outcomes from twelve of Kentucky’s OTPs for 184 clients who completed both an intake interview between January 1, 2016 and December 31, 2016 and a six-month follow-up interview targeted between July 1, 2016 and June 30, 2017. Results indicate that clients in Kentucky benefit from OTPs in multiple ways: reductions in their substance use, reductions in mental health problems, improvements in employment status, reductions in criminal justice system involvement and increases in recovery supports.

**SIGNIFICANT REDUCTIONS IN PAST-6-MONTH**

**Substance Use and Mental Health Problems**

- **Mental Health was not good at intake**
  - Average number of days in the past 30: 19.2
  - At follow-up: 8.9

- **Clients reporting any illegal drug use at follow-up**
  - 31%

- **Clients reporting any illegal drug use at intake**
  - 98%

- **Clients meeting study criteria for DEPRESSION**
  - At intake: 75%
  - At follow-up: 22%

- **Clients meeting study criteria for ANXIETY**
  - At intake: 78%
  - At follow-up: 25%

- **CLIENTS REPORTING ANY ARREST**
  - At intake: 19%
  - At follow-up: 4%

- **Clients reporting MEETING BASIC NEEDS**
  - At intake: 45%
  - At follow-up: 11%

- **Clients reporting MEETING HEALTH CARE NEEDS**
  - At intake: 58%
  - At follow-up: 33%

**INCARCERATION**

- At intake: 7%
- At follow-up: 15%

**ECONOMIC INDICATORS**

- **Clients reporting FULL-TIME EMPLOYMENT**
  - At intake: 31%
  - At follow-up: 42%

**MENTAL HEALTH**

- Clients reporting MEETING BASIC NEEDS:
  - Difficulty at intake: 33%
  - At follow-up: 7%

**ANY ARREST**

- Clients reporting meeting health care needs:
  - At intake: 45%
  - At follow-up: 11%

**NATIONAL AVERAGE**

- **Height**
  - 6’0”
  - 5’0”
  - 4’0”
  - 4’6”
  - 5’6”
  - 3’0”
  - 3’6”

- **Any arrest**
  - At intake: 4%
  - At follow-up: 7%