Kentuckians Seeking Treatment for Prescription Opiate Abuse Have Positive Outcomes with Opiate Treatment Programs

This fact sheet summarizes treatment outcomes for 236 men and women who participated in (opiate treatment programs) OTPs from January 2014 through December 2015 and then completed a follow-up interview about 6 months later. Results indicate that clients in Kentucky benefit from OTPs in multiple ways: reductions in their substance use, reductions in mental health problems, improvements in employment status, reductions in criminal justice system involvement and increases in recovery supports.

**Significant Reductions in Past-6-Month Substance Use and Mental Health Problems**

- **Prescription Opioid Misuse**: 80% reduction
- **Non-prescribed Use of Methadone**: 11% reduction
- **Non-prescribed Use of Buprenorphine**: 2% reduction
- **Heroin**: 55% reduction

**Mental Health**

- **Average number of days in the past 30**: 15.7 at intake, 2.7 at follow-up
- **Mental Health was not good**: 59% at intake, 14% at follow-up

**Significant Improvements in Past-6-Month Employment and Criminal Justice System Involvement**

- **Employment**: 33% at intake, 42% at follow-up
- **Avg. months clients were employed**: 2.7 at intake, 3.1 at follow-up
- **Arrest**: 19% at intake, 6% at follow-up
- **Being incarcerated**: 17% at intake, 4% at follow-up

At follow-up, clients were asked to rate their level of satisfaction with the treatment program on a scale from 1 (worst treatment imaginable) to 10 (best treatment).

"I love them. They treat you like they would anybody else. They treat you like a human being."

-KORTOS FOLLOW-UP CLIENT