

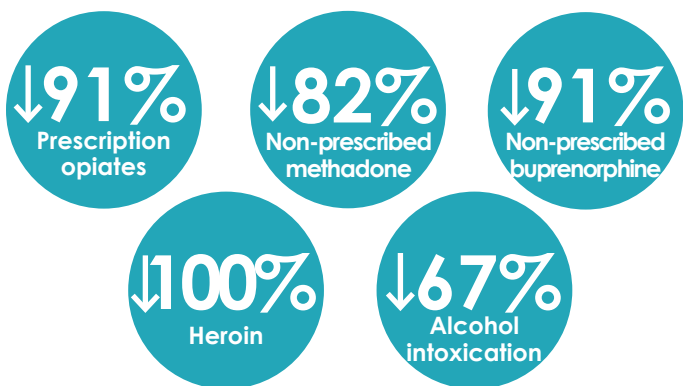
Kentuckians seeking treatment for prescription opioid abuse have positive outcomes with opiate treatment programs

2013 KENTUCKY OPIATE REPLACEMENT TREATMENT OUTCOME STUDY FACT SHEET

In Kentucky, over one-third of adults who seek treatment primarily report abusing prescription opioids. In 2007, Kentucky opiate treatment programs (OTPs) began collecting outcome study data on medication-assisted treatment. The Kentucky Opiate Replacement Treatment Outcome Study (KORTOS) includes client-level baseline data collected by OTPs and follow-up interviews are completed by UK CDAR with consenting clients.



There was a reduction in past 30 day drug and alcohol use following OTP



Mental health symptoms improved after OTP

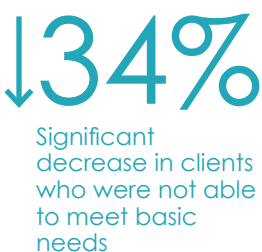


The number of clients who met self-reported DSM-IV criteria for depression decreased from 57% at intake to 29% at follow-up.



Higher scores on the Stress Index indicate higher stress and greater physiological consequences of stress. Overall scores for KORTOS clients decreased significantly.

Decrease in economic hardships after OTP



The percentage of clients who reported employment remained stable from intake (56%) to follow-up (55%). The number of clients who reported difficulty meeting basic needs such as food, shelter, telephone, and utilities decreased significantly from 62% at intake to 41% at follow-up.

Criminal justice system involvement decreased at follow-up



Improved recovery supports



Significant increase in clients attending self-help meetings

An increase was seen in the number of clients who participated in mutual-help recovery groups like alcoholics anonymous (AA) or narcotics anonymous (NA).

"I was headed down the wrong path. It saved my life. Life is slowly coming back together."

-KORTOS client explaining their rating of the treatment experience

Clients reported a positive treatment experience



Average treatment satisfaction rating

On a scale of 1 to 10, with 1 being the worst and 10 being the best possible experience, the mean rating was 8.1 indicating that most clients had a largely positive treatment experience.

Clients reported how they were positively affected by participation in OTP

