



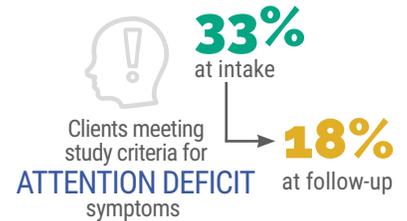
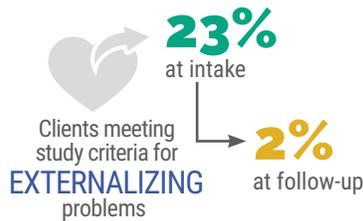
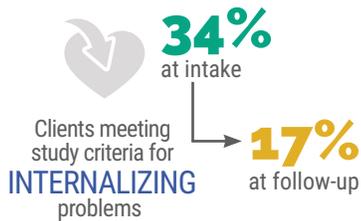
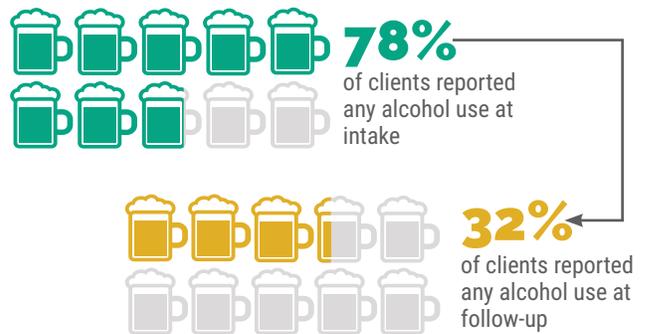
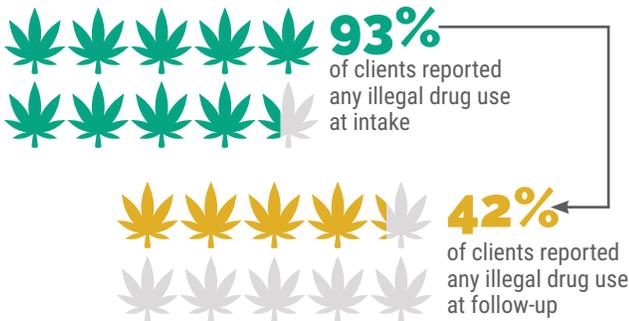
# POSITIVE OUTCOMES FOR KENTUCKY YOUTH

## AFTER SUBSTANCE ABUSE TREATMENT

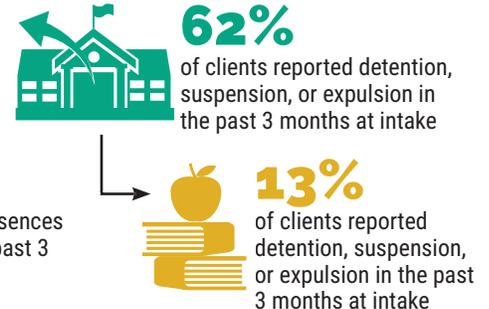
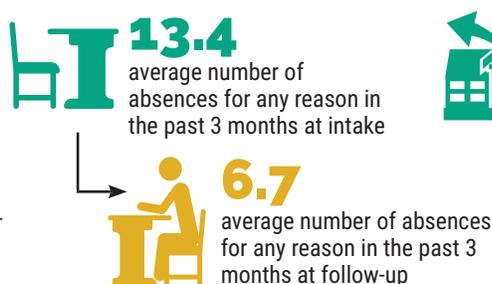
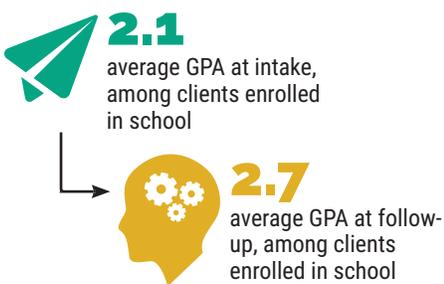
Adolescent Kentucky Treatment Outcome Study Fact Sheet - April 2018

AKTOS examines treatment outcomes for youth (ages 11-17) who receive publicly funded substance abuse treatment in Community Mental Health Centers in Kentucky. Results for this study included data on 122 adolescent clients who attended publicly-funded substance abuse treatment programs in Kentucky between July 1, 2014 and June 30, 2016 and then completed a follow-up survey approximately 12 months later.

### SIGNIFICANT REDUCTIONS IN PROBLEMS WITH PAST-12-MONTH SUBSTANCE USE & BEHAVIORAL HEALTH



### SIGNIFICANT IMPROVEMENTS IN SCHOOL PERFORMANCE



At follow-up, adolescents were asked to rate their level of satisfaction with the treatment program on a scale from 1 (worst treatment imaginable) to 10 (best treatment).



*"It helped me understand my behavior better and helped me have better control over my behavior, which helped me a lot in school."*

- AKTOS FOLLOW-UP CLIENT