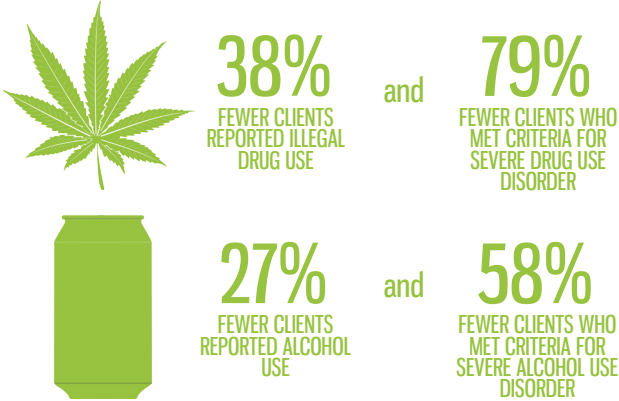


Kentucky youth experience positive changes with substance abuse treatment

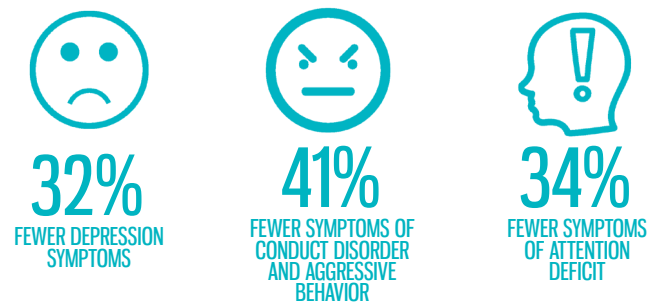
ADOLESCENT KENTUCKY TREATMENT OUTCOME STUDY FACT SHEET - MAY 2014

Substance use in adolescence can have major negative impacts on adolescents' mental health, education, employment, and involvement in the criminal justice system—all of which can lead to negative long-term problems in adulthood. Below are results of treatment outcomes for a Kentucky statewide sample of 197 adolescents (ages 12-17) who entered publicly funded substance abuse treatment in FY 2012 and then completed a follow-up survey 12 months later.

Decrease in illegal drug and alcohol use and severity of substance use disorder



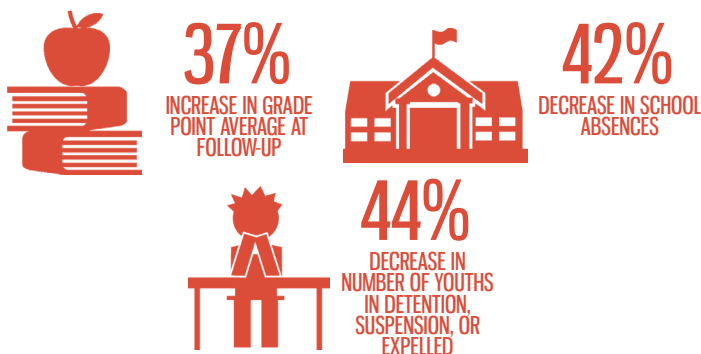
Decrease in self-reported mental health symptoms



"I liked the people there, they genuinely wanted me to progress and cared."

-Quote from AKTOS Follow-up Interview Clients

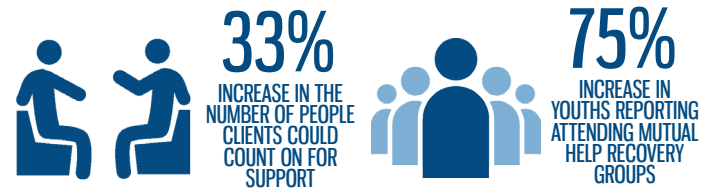
Improvement in school performance and attendance



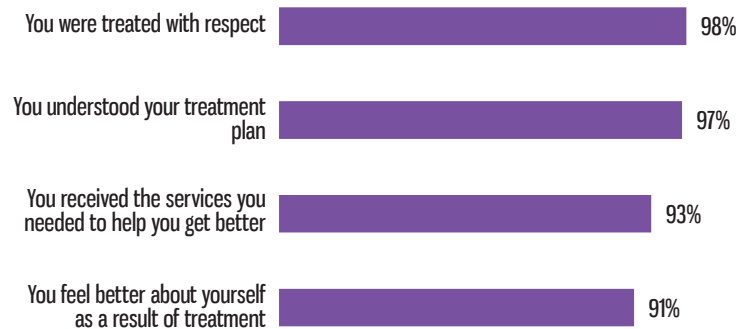
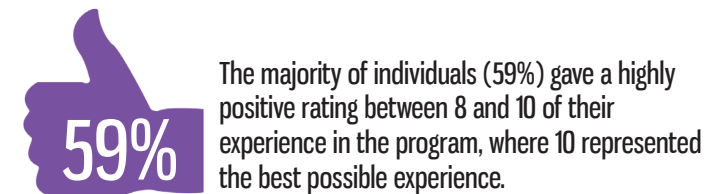
Decrease in criminal charges



Increase in recovery support



High overall satisfaction with treatment



Investment in the future

The investment in treatment for today's substance using adolescents translates into avoidance of substantial future health care, mental health care, public benefit, and criminal justice system costs as well as substantial benefits in individual's capabilities through an increase in education levels, wages and earnings, health, and other less tangible qualities (e.g., parenting, quality of life).